

October 19, 2023
Governor Hill Mansion
123 State St, Augusta, ME 04330



State Employee Health Commission Retreat

Agenda

- 8:00 AM - Coffee & Light Breakfast / Networking Opportunity
- 8:30 AM - Welcome & Introductions (Lisa Nolan - HPA)
- 8:45 AM - Emerging Health Topics Important to Maine (Nathan Morse - EH&W)
- 9:00 AM - Implementing SEHC's Mission & Vision (Lisa Nolan - HPA)
- 9:30 AM - Financial Committee Update (Heather Perreault - SEHC Co-Chair/DAFS)
- 9:45 AM - High Deductible Plan Discussion (Chuck Luce - EH&W)
- 10:00 AM - Break
- 10:15 AM - Strategic Planning (Amy Deschaines - Lockton)
- 10:45 AM - Fiduciary Responsibility (Ken Ralff - Lockton)
- 11:30 AM - Wellness, Benefits, and How the State of Maine is Becoming an Employer of Choice (Nathan Morse & Paige Lamarre - EH&W)
- 12:00 PM - Lunch
- 12:50 PM - Wellness Activity (Libby Arbour - MCD)
- 1:00 PM - Health Plan Panel Discussion and Q&A
 - Anthem
 - MedImpact
 - Aetna
 - Northeast Delta Dental
- 2:00 PM - Leveraging Data: Overview (Lisa Nolan & Sara Fitzgerald - HPA)
- 2:30 PM - Break
- 2:45 PM - Leveraging Data: Group Exercise (Lisa Nolan & Sara Fitzgerald - HPA)
- 3:15 PM - Adjourn