

STATE EMPLOYEE HEALTH COMMISSION

AGENDA

Date: September 21, 2023

Time: 8:30am – Noon

Location Remote: Microsoft Teams Meeting

Dial-In Number: 1-207-209-4724

Phone Conference ID: 993 595 752#

Physical location: Burton Cross Office Building
1st Floor Rm 103 A&B Augusta, ME 04333

- I. Call to Order** (Chair)
- II. Introductions** (All)
- III. Review and Approval of Minutes** (August 17, 2023)
- IV. Recurring Monthly Business**
 - a) Open Discussion/Questions on Vendor Reports (All)
 - b) Employee Health & Wellness Highlights (Shonna Poulin-Gutierrez)

- V. Quarterly Plan Updates**
No Quarterly Updates

- VI. Education**
 - a) Family Friendly Benefits (Kim Greenberg)

15 MINUTE BREAK

- VII. Semi-Annual Update**
 - a) MCD Wellness Program (Libby Arbour, Connor Huggins)
 - b) Teladoc/Livongo (Thomas Young, Eileen Fallis)
- VIII. Other Business**
 - a.) Vote: Dependent Care FSA Admin Fee (Shonna Poulin-Gutierrez)
 - b.) Open Discussion

- IX. Motion to Adjourn (Chair)**

Next Meeting: October 19, 2023

STATE EMPLOYEE HEALTH COMMISSION RETREAT



Future Quarterly Updates

Aetna (February, May, August & November)
Anthem (February, May, August & November)
MedImpact (February, May, August & November)
Health Purchaser Alliance (January, April, July & October)
Lockton (February, May, August & November)
Northeast Delta Dental (February, May, August & November)

Future Semi-Annual Updates

Anthem/Lockton Compliance Review (January & July)
Carrum Health Program (April & October)
Living Resources Program (January & July)
MCD Wellness Program (March & September)
Teladoc/Livongo (March, September)