Babesiosis

Maine Surveillance Report | 2018

Case Information:
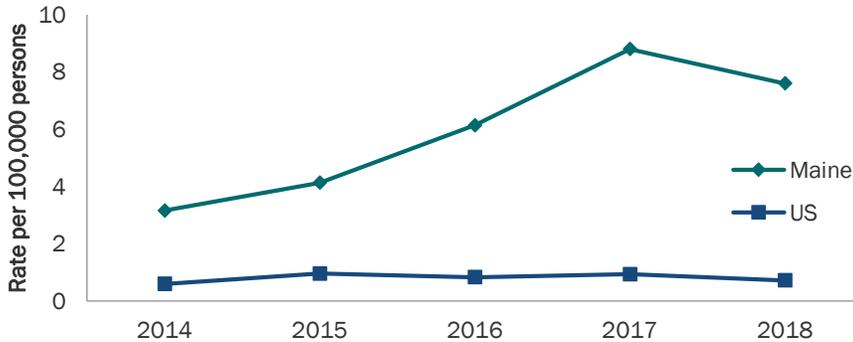
101
Patients diagnosed with babesiosis

7.5
Cases per 100,000 people

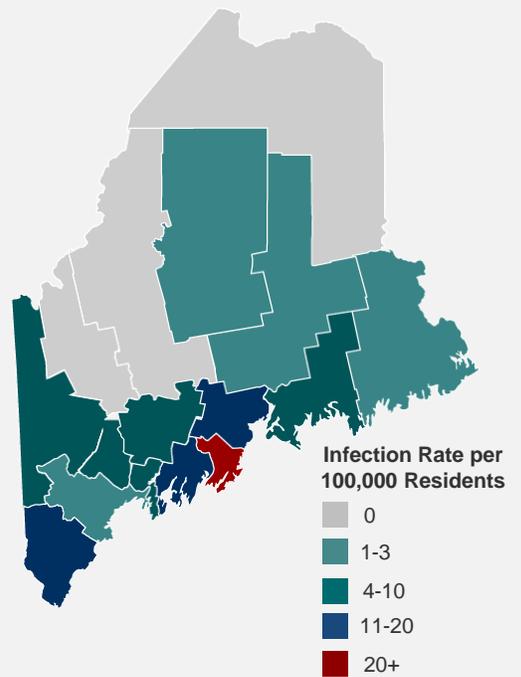**14%**
Decrease from 2017

Rate per 100,000 persons — 2014, 2015, 2016, 2017, 2018 — Maine / US

Characteristics:

- Highest rates among 65+ age group

- 12 People with babesiosis were co-infected with Lyme disease.

- Signs and symptoms include extreme fatigue, aches, fever, chills, sweating, dark urine, and anemia

- 4 People with babesiosis were co-infected with anaplasmosis.

Hospitalizations:

- 23 (23%) patients were hospitalized
- 14% decrease from 2017

Demographics:

72% of patients were male

61 years old on average
Age range of 6-92 years

98% White

Geography:

Infection Rate per 100,000 Residents
- 0
- 1-3
- 4-10
- 11-20
- 20+

Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use an EPA-approved repellant
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

For more information visit:
- www.maine.gov/dhhs/babesiosis
- www.cdc.gov/babesiosis