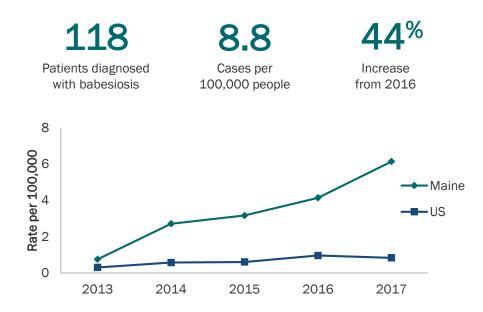


Maine Center for Disease Control and Prevention An Office of the Department of Health and Human Services

# Babesiosis

#### Maine Surveillance Report | 2017





# **Characteristics:**



Highest rates among 65+ age group



Signs and symptoms include extreme fatigue, aches, fever, chills, sweating, dark urine, and anemia

### **Hospitalizations:**



- 44 (37%) patients were hospitalized
- 4% increase from 2016

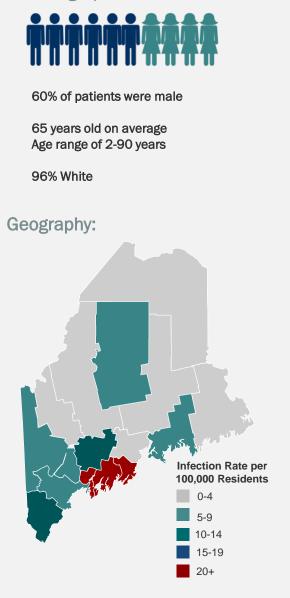


12 People with babesiosis were co-infected with Lyme disease.



7 People with babesiosis were co-infected with anaplasmosis.

#### **Demographics:**



## **Prevention:**

- Wear long-sleeved, light-colored clothing
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

#### For more information visit:

- www.maine.gov/dhhs/babesiosis
- www.cdc.gov/babesiosis

