

# Ebola Virus Disease

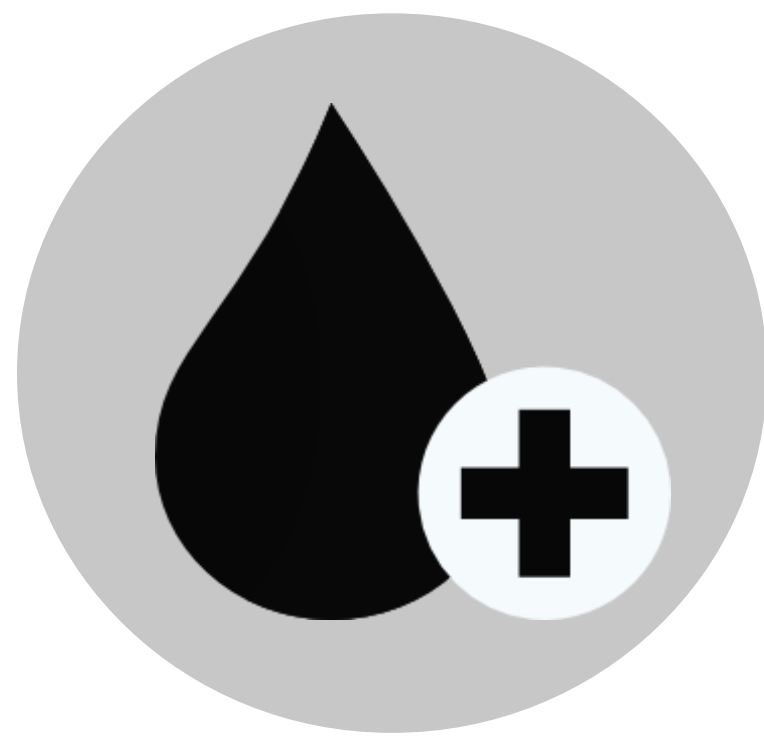
## Fact Sheet



Ebola is caused by a virus. There are four known types of the virus that can infect humans.

## Spread

Ebola spreads through direct contact with:



Blood



Vomit



Stool and Urine



Infected Animals

Ebola can also spread through sweat, semen, and other body fluids from someone who was sick or died from Ebola. It can also spread through contact with sick animals in the affected countries or exposure to contaminated needles and other objects.

## Signs and Symptoms



Fever



Headache



Joint and Muscle Pain



Weakness



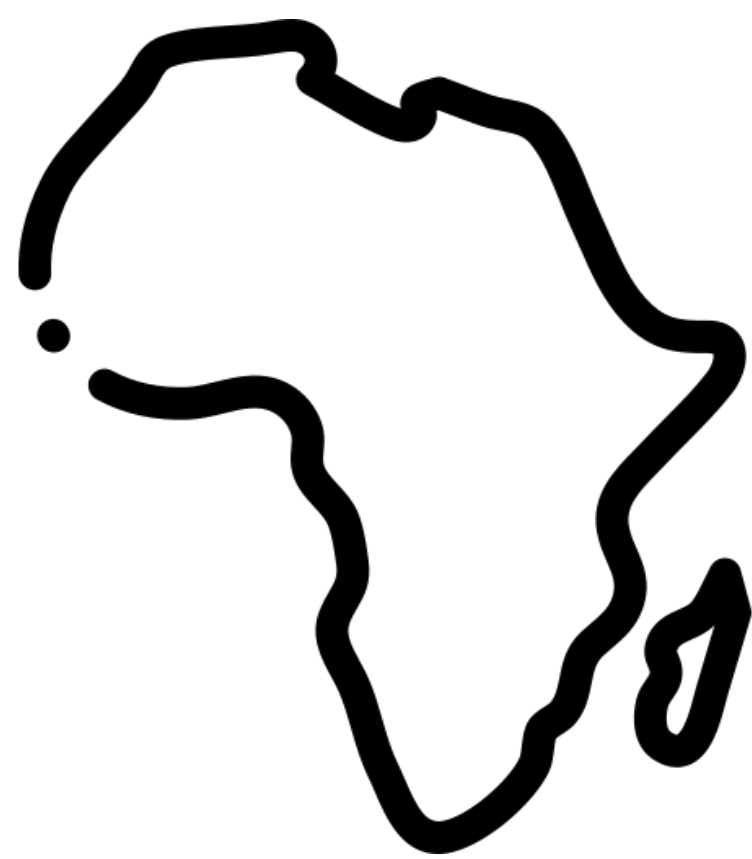
Diarrhea



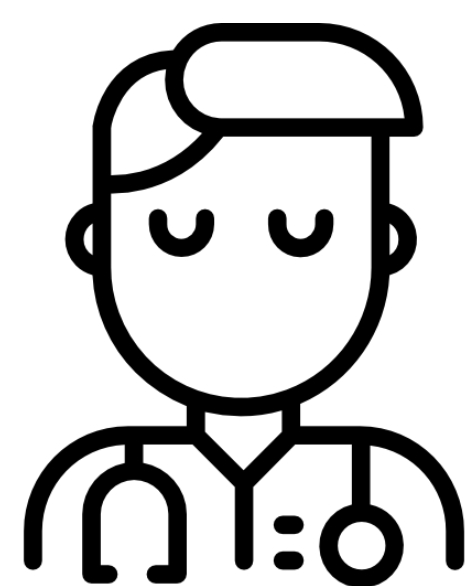
Vomiting

Symptoms also include stomach pain and lack of appetite. Some patients may also have a rash, red eyes, hiccups, cough, sore throat, chest pain, difficulty breathing, difficulty swallowing, and bleeding inside and outside the body. Symptoms usually start 2 to 21 days after exposure.

# Where is Ebola Found?

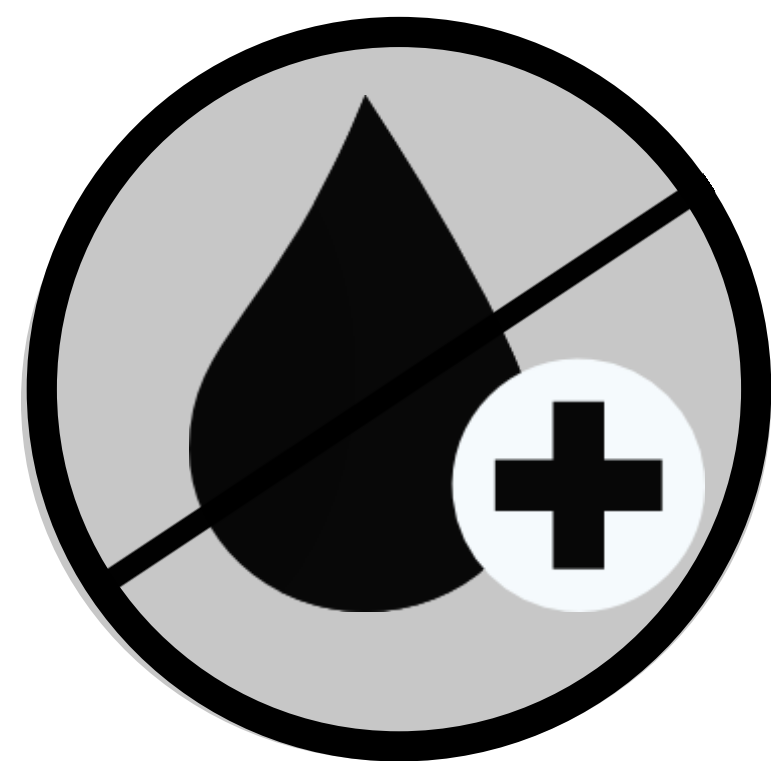


The viruses that cause Ebola are located mainly in West and Central Africa. For an updated list of affected countries, visit [www.cdc.gov/vhf/ebola/outbreaks/index.html](http://www.cdc.gov/vhf/ebola/outbreaks/index.html).



Call your doctor if you have signs and symptoms of Ebola after traveling to an area with Ebola. Your doctor may order a blood test to see if you have malaria. There is no treatment for Ebola.

## Prevention



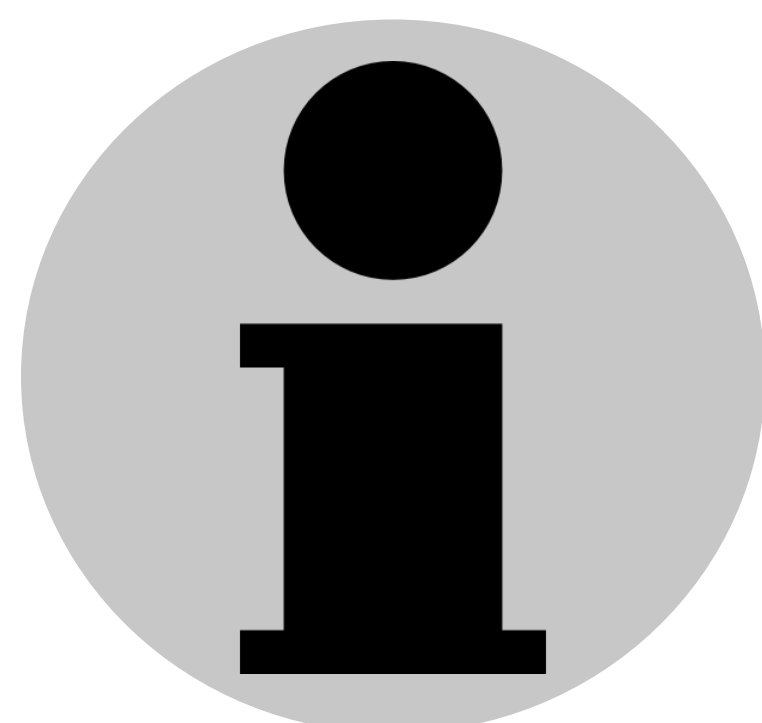
Avoid Direct Contact with Blood and Body Fluids of People With Ebola



When Traveling to Affected Countries, Avoid Contact With Bats and Monkeys

When traveling to affected countries, do not participate in funeral rituals and avoid hospitals where Ebola patients are being treated.

## For More Information, Visit:



1. [www.maine.gov/dhhs/ebola](http://www.maine.gov/dhhs/ebola)
2. [www.cdc.gov/ebola](http://www.cdc.gov/ebola)

You can also call Maine CDC at 1-800-821-5821.