

# About the Meningitis B Action Project

Know. Act. Prevent.

Patti Wukovits and Alicia Stillman each lost their young, healthy daughters too soon to Meningitis B, a disease that is now preventable through vaccination.

In 2012, high school senior Kimberly, 17, Patti's daughter, died one week before her graduation. In 2013, college sophomore Emily, 19, Alicia's daughter, died just 36 hours after her first symptoms.

In 2014, to educate the public about meningococcal meningitis and MenB vaccination, both mothers established foundations named after their daughters.

Patti and Alicia have since worked tirelessly to spread their message.

Both mothers have now joined forces under the Meningitis B Action Project to make sure other families don't needlessly suffer the same fate.



PATTI AND ALICIA IN ACTION



KIMBERLY COFFEY

EMILY STILLMAN

In the case of Kimberly and Emily, while both had received the MenACWY vaccine, the MenB vaccine was not yet available to help protect them against Meningitis B.




The goal of the project is to increase awareness of Meningitis B and to motivate action to help prevent the disease.

## WE WANT TO:

- Empower young adults with information to talk to their healthcare provider about Meningitis B and the vaccine that can help prevent it
- Encourage healthcare providers to discuss Meningitis B and the MenB vaccine with their patients (and their parents)
- Increase awareness of Meningitis B on high school, college and university campuses

## Want to get involved or learn more about the Meningitis B Action Project?

Contact us at

-  [MeningitisBActionProject.org](http://MeningitisBActionProject.org)
-  [info@meningitisbactionproject.org](mailto:info@meningitisbactionproject.org)
-  [/MeningitisBActionProject](https://www.facebook.com/MeningitisBActionProject)
-  [@MeningitisBActionProject](https://www.instagram.com/MeningitisBActionProject)
-  [@MenBAction](https://twitter.com/MenBAction)

# YOU'VE HEARD OF MENINGITIS, RIGHT?

Maybe you've even received a meningitis vaccine. But have you received **BOTH** types of vaccines needed to help prevent it? Few people have.



## ASK YOUR HEALTHCARE PROVIDER TODAY.

Two types of meningitis vaccines (MenACWY and MenB) are necessary to be fully vaccinated against the most common form of bacterial meningitis in young adults.

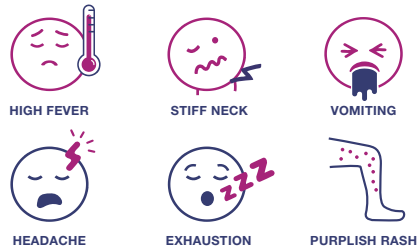
**Meningitis B Action Project**  
a joint initiative by The Kimberly Coffey Foundation and The Emily Stillman Foundation



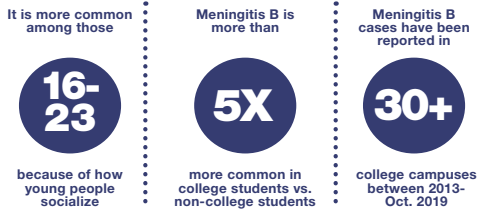
# WHAT IS MENINGOCOCCAL MENINGITIS?

Meningococcal bacteria can cause a life-threatening bloodstream infection (sepsis) or meningitis (infection of the lining around the brain)—or both.

It can attack without warning and **SYMPTOMS** include:



**It's more common than you think**  
Meningococcal meningitis can affect all ages, and it can occur anywhere.



**Few are fully vaccinated** against meningococcal meningitis.



The most common form of bacterial meningitis in adolescents and young adults.

**5** MAINLY CAUSED BY types of meningococcal bacteria: **A-B-C-W-Y**

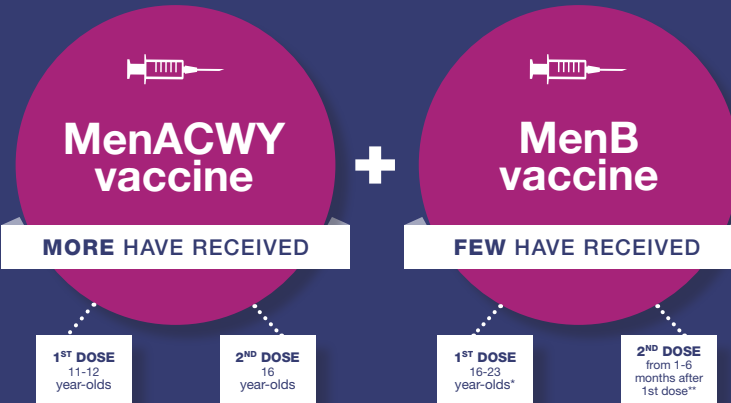
IT IS **EASY TO SPREAD** from person-to-person.



# HOW CAN YOU PROTECT YOURSELF?

It takes **TWO TYPES OF MENINGITIS VACCINES** to be fully vaccinated against the most common form of bacterial meningitis in adolescents and young adults.

The Centers for Disease Control and Prevention (CDC) recommends:



## Don't take a chance.

Talk to your healthcare provider today to make sure you have received all the necessary doses of *both* the MenACWY and MenB vaccines.

\* Preferably 16-18  
\*\* Dependent on the brand.

Sources: Visit [meningitisbactionproject.org](http://meningitisbactionproject.org) for details.



# WHAT ELSE CAN YOU DO?

- 1 First, talk to your healthcare provider.** They can tell you more about meningococcal meningitis and the two vaccines that can help prevent it.
- 2 Let your family and friends know.** Visit our website for educational resources, including brochures, posters, videos and graphics, to share with your family, friends and community.
- 3 Let us help you.** Patti and Alicia are eager to share their story to spread this important message.

**A few other ideas to get you started:**

- ✓ Connect with us on social media
- ✓ Make it your personal community action project!
- ✓ Distribute posters and brochures to your healthcare provider's office, around campus and other public spaces. Need copies? Contact us!
- ✓ Invite us to speak at a fraternity or sorority meeting, organizational gatherings and other events
- ✓ Use our online action kit (available on our website) for other ideas

**Have other ideas? We'd love to hear them.**

Contact us at [info@meningitisbactionproject.org](mailto:info@meningitisbactionproject.org)

**And the really scary part... it can kill in a matter of hours.**

Or cause permanent complications: brain damage, hearing loss, learning disabilities or limb amputations.