

Education and Health in Maine

This table shows the percentage or rate of each indicator among different educational attainment groups in Maine. For example, 59.6% of adults with less than a high school diploma have an annual income of less than \$25,000 per year.

Education Level	Less than high school diploma	High school diploma or GED	Some college	Bachelor's degree or higher	Maine Overall	Indicator by Education
Indicator, Year	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	
Overall proportion of adults by education level, 2016¹	8.7 7.5 – 9.8	33.4 31.9 – 34.8	31.2 29.7 – 32.6	26.8 25.6 – 28.0	NA –	
Income less than \$25,000 per year, adults, 2016 ¹	59.6 52.2 – 67.0	36.2 33.6 – 38.9	23.4 20.9 – 25.9	9.7 8.2 – 11.2	26.8 25.4 – 28.3	
High school degree or less, adults, 2016 ¹	NA –	NA –	NA –	NA –	42.0 40.5 – 43.6	
Unemployment rate, adults, 2016 ²	9.4 6.5 – 12.3	5.9 4.7 – 7.1	2.5 1.8 – 3.2	1.4 1.0 – 1.8	3.4 3.0 – 3.8	
Uninsured, adults ≥25 years, 2016 ²	15.6 12.8 – 18.4 [†]	12.7 11.7 – 13.7 [†]	7.8 7.0 – 8.6 [†]	3.6 2.8 – 4.4 [†]	8.0 7.5 – 8.5 [†]	
Health rating: fair to poor, adults, 2016 ¹	36.1 29.5 – 42.6	18.7 16.8 – 20.6	16.0 14.1 – 18.0	7.5 6.4 – 8.7	16.4 15.3 – 17.5	
Obesity, adults, 2016 ¹	35.7 29.0 – 42.4	33.3 30.8 – 35.8	31.8 29.1 – 34.5	21.9 19.9 – 23.8	29.9 28.5 – 31.3	
Current smoking, adults, 2016 ¹	44.8 37.7 – 51.9	24.5 22.2 – 26.9	19.5 17.1 – 21.8	6.5 5.3 – 7.8	19.8 18.4 – 21.1	
Sedentary lifestyle, adults, 2016 ¹	35.9 29.6 – 42.2	26.5 24.2 – 28.7	19.6 17.5 – 21.7	9.5 8.2 – 10.8	20.6 19.4 – 21.8	
Past 30-day misuse of prescription drugs, adults, 2011-2016 ¹	1.2[^] 0.2 – 2.2	1.3 0.9 – 1.7	0.7[^] 0.5 – 1.0	0.4[^] 0.2 – 0.6	0.9 0.7 – 1.1	
Coronary heart disease deaths per 100,000 (age-adjusted rate), 2016 ⁴	NA –	NA –	NA –	NA –	79.7 75.7 – 83.9	
High blood pressure, adults, 2015 ¹	43.9 37.3 – 50.5	36.9 34.5 – 39.3	33.4 31.0 – 35.8	27.7 25.9 – 29.6	34.1 32.8 – 35.5	
Diabetes, adults, 2016 ¹	14.3 10.0 – 18.6	12.3 10.8 – 13.9	11.0 9.5 – 12.5	6.6 5.6 – 7.6	10.6 9.7 – 11.4	
Current asthma, adults, 2016 ¹	20.9 15.1 – 26.8	10.9 9.3 – 12.6	13.2 11.2 – 15.1	9.9 8.5 – 11.3	12.2 11.2 – 13.2	
Diagnosed depression (lifetime), adults, 2016 ¹	36.5 29.5 – 43.4	21.2 18.9 – 23.5	21.9 19.6 – 24.3	14.9 13.2 – 16.6	21.1 19.8 – 22.4	

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Poverty status, 2016 ²	25.7 23.2 – 28.2 [†]	14.9 13.7 – 16.1 [†]	8.8 7.8 – 9.8 [†]	4.1 3.4 – 4.8 [†]	12.5 11.7 – 13.3 [†]	
Infant deaths per 1,000 births by maternal education, 2011-2015 ⁴	9.21 6.93 – 12.01	7.81 6.63 – 9.15	6.47 5.35 – 7.56	4.96 4.08 – 5.99	6.75 6.13 – 7.41	
Unintended pregnancy by maternal education, 2012-2015 ⁵	51.8 43.4 – 60.1	34.1 30.5 – 38.0	28.2 24.7 – 32.0	18.3 15.9 – 20.9	28.1 26.3 – 30.0	
Smoked during pregnancy, 2016 ⁶	36.8 32.7 – 40.9	26.5 24.8 – 28.2	12.8 11.7 – 14.0	1.8 1.4 – 2.2	14.5 13.8 – 15.1	
Dental visit in past year, adults, 2016 ¹	33.0 26.4 – 39.6	54.1 51.5 – 56.8	65.3 62.6 – 68.0	81.8 79.9 – 83.7	63.3 61.7 – 64.8	
Influenza vaccination the past year, adults, 2016 ¹	35.8 29.3 – 42.4	37.4 34.8 – 40.0	39.5 36.7 – 42.2	50.8 48.5 – 53.2	41.6 40.1 – 43.1	
Cholesterol checked every 5 years, adults, 2015 ¹	74.0 66.7 – 81.3	77.8 75.3 – 80.3	81.3 78.8 – 83.8	87.8 86.0 – 89.5	81.2 79.8 – 82.6	
Cervical cancer screening up-to-date, women ages 21-65 years, 2016 ¹	DSU –	78.9 74.1 – 83.7	82.3 77.7 – 86.9	85.1 82.1 – 88.0	81.6 79.2 – 83.9	
Colorectal cancer screening up-to-date, adults ages 50-75 years, 2016 ¹	69.9 61.8 – 78.0	71.6 68.4 – 74.7	77.3 74.3 – 80.2	79.2 76.7 – 81.6	75.5 73.8 – 77.1	
Currently receiving outpatient mental health treatment, adults, 2016 ¹	21.6 15.7 – 27.4	19.5 17.1 – 21.8	19.7 17.4 – 22.0	16.0 14.2 – 17.7	18.8 17.5 – 20.0	

All estimates are percentages unless otherwise noted.

¹ BRFSS, Behavioral Risk Factor Surveillance System.

² U.S. Census Bureau, American Community Survey.

³ Maine Mortality Database; Data, Research, and Vital Statistics Program, Maine CDC.

⁴ Linked birth/infant death certificate datasets and birth certificate datasets.

⁵ PRAMS, Pregnancy Risk Assessment Monitoring System.

⁶ Maine Natality Database; Data, Research, and Vital Statistics Program, Maine CDC.

^ Interpret with caution; unweighted numerator less than 50.

NA: Not available.

DSU: Data is suppressed if total respondents less than 50 or 95% confidence interval half-widths are less than 20.

† Indicates 90% margin of error was used.

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