

# HEALTH IN MAINE: RACE

This table shows the percentage or rate of each indicator among different races in Maine. For example, in 2015-2019, 34.8% of Black or African Americans and 11.1% of Whites lived in poverty in the state.

The MSCHNA collects and analyzes data on health outcomes, health behaviors, social determinants of health, and demographics. Some sub-populations experiencing health disparities are small, resulting in data that is less reliable due to low numbers or unavailable due to privacy concerns. The data that is collected and available is included in these tables. Due to data collection and availability, the list of data in these tables may be shorter than what appears in the County Health Profiles.

The MSCHNA looks forward to supporting the efforts of Maine’s Office of Population Health Equity to address these limitations and enhance data collection practices.

POPULATION (MAINE 2019)	
AMERICAN INDIAN OR ALASKA NATIVE	9,419
ASIAN	15,323
BLACK OR AFRICAN AMERICAN	21,983
NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER	222
TWO OR MORE RACES	28,536
WHITE	1,263,287

## Health Indicators by Race:

INDICATOR	RACE						MAINE
	AMERICAN INDIAN OR ALASKAN NATIVE	ASIAN	BLACK OR AFRICAN AMERICAN	NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER	MORE THAN ONE RACE	WHITE	
<b>DEMOGRAPHICS</b>							
Population (percent of total Maine population)	2019 <b>0.7%</b>	2019 <b>1.1%</b>	2019 <b>1.6%</b>	2019 <b>0.0%</b>	2019 <b>2.1%</b>	2019 <b>94.0%</b>	2019 <b>100%</b>
Veterans	2015-2019 <b>9.4%</b>	2015-2019 <b>1.9%</b>	2015-2019 <b>6.3%</b>	2015-2019 <b>8.4%</b>	2015-2019 <b>7.6%</b>	2015-2019 <b>9.8%</b>	2015-2019 <b>9.6%</b>
Gay, lesbian and bisexual (high school students)	2019 <b>14.6%</b>	2019 <b>11.1%</b>	2019 <b>9.5%</b>	2019 <b>16.8%</b>	2019 <b>17.7%</b>	2019 <b>12.2%</b>	2019 <b>12.4%</b>
Gay, lesbian and bisexual (adults)	2011-2015 & 2017 <b>4.8%</b>	2011-2015 & 2017 <b>5.8%</b>	2011-2015 & 2017 <b>4.0%</b>	2011-2015 & 2017 <b>-</b>	2011-2015 & 2017 <b>5.4%</b>	2011-2015 & 2017 <b>3.5%</b>	2011-2015 & 2017 <b>3.5%</b>
Transgender youth (high school students)	2019 <b>3.1%</b>	2019 <b>3.2%</b>	2019 <b>2.9%</b>	2019 <b>8.9%</b>	2019 <b>2.0%</b>	2019 <b>1.5%</b>	2019 <b>1.6%</b>
Persons with a disability	2015-2019 <b>25.2%</b>	2015-2019 <b>8.1%</b>	2015-2019 <b>10.2%</b>	2015-2019 <b>12.9%</b>	2015-2019 <b>16.9%</b>	2015-2019 <b>16.1%</b>	2015-2019 <b>16.0%</b>

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	AMERICAN INDIAN OR ALASKAN NATIVE	ASIAN	BLACK OR AFRICAN AMERICAN	NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER	MORE THAN ONE RACE	WHITE	
<b>SOCIAL DETERMINANTS OF HEALTH</b>							
Individuals living in poverty	2015-2019 29.1%	2015-2019 13.0%	2015-2019 34.8%	2015-2019 27.0%	2015-2019 21.7%	2015-2019 11.1%	2015-2019 11.8%
Median household income	2015-2019 32372.0	2015-2019 63763.0	2015-2019 42901.0	2015-2019 -	2015-2019 42317.0	2015-2019 58459.0	2015-2019 57918.0
Housing insecure (high school students)	2019 8.6%	2019 9.7%	2019 9.1%	2019 31.6%	2019 5.1%	2019 2.6%	2019 3.3%
Adverse childhood experiences (high school students)	2019 33.2%	2019 13.7%	2019 20.1%	2019 32.0%	2019 29.4%	2019 21.0%	2019 21.3%
<b>GENERAL HEALTH STATUS</b>							
Fair or poor health (self-rated)	2011-2017 31.2%	2011-2017 7.1%	2011-2017 13.9%	2011-2017 -	2011-2017 27.2%	2011-2017 15.5%	2011-2017 15.8%
14 or more days lost due to poor physical health	2011-2017 22.7%	2011-2017 3.3%	2011-2017 10.8%	2011-2017 -	2011-2017 20.2%	2011-2017 12.6%	2011-2017 12.8%
14 or more days lost due to poor mental health	2011-2017 25.1%	2011-2017 11.0%	2011-2017 17.6%	2011-2017 -	2011-2017 22.5%	2011-2017 12.0%	2011-2017 12.4%
Three or more chronic conditions	-	2011-2017 2.2%	2011-2017 8.2%	2011-2017 -	2011-2017 21.1%	2011-2017 14.4%	2011-2017 14.5%
<b>OVERALL MORTALITY</b>							
Overall death rate per 100,000 population	2010-2019 960.3	-	2010-2019 494.4	2010-2019 -	2010-2019 202.9	2010-2019 757.6	2010-2019 754.7
<b>ACCESS</b>							
Uninsured	2015-2019 17.7%	2015-2019 9.1%	2015-2019 11.7%	2015-2019 14.1%	2015-2019 11.6%	2015-2019 7.6%	2015-2019 7.9%
MaineCare enrollment (all ages)	2020 31.9%	2020 17.0%	2020 57.3%	2020 61.1%	2020 34.3%	2020 21.7%	2020 29.1%
MaineCare enrollment (ages 0-19)	2020 39.2%	2020 29.9%	2020 81.8%	2020 81.1%	2020 39.5%	2020 36.1%	2020 43.8%
Usual primary care provider (adults)	-	2011-2017 78.8%	2011-2017 74.7%	2011-2017 -	2011-2017 79.5%	2011-2017 88.2%	2011-2017 87.8%
Primary care visit to any primary care provider in the past year	2011-2017 69.6%	2011-2017 67.4%	2011-2017 66.4%	2011-2017 -	2011-2017 65.0%	2011-2017 71.9%	2011-2017 71.6%
Cost barriers to health care	2011-2017 20.3%	2011-2017 15.5%	2011-2017 24.7%	2011-2017 -	2011-2017 18.3%	2011-2017 10.4%	2011-2017 10.8%
<b>HEALTH CARE QUALITY</b>							
Ambulatory care-sensitive condition hospitalizations per 10,000 population	2016-2018 88.4	2016-2018 21.4	2016-2018 74.5	2016-2018 90.0	-	2016-2018 60.7	2016-2018 61.4
Ambulatory care-sensitive condition emergency department rate per 10,000 population	-	2016-2018 213.2	2016-2018 434.1	2016-2018 703.3	-	2016-2018 277.8	2016-2018 282.5

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<b>CANCER</b>							
All cancer deaths per 100,000 population	2010-2019 <b>212.5</b>	2010-2019 <b>77.6</b>	2010-2019 <b>134.2</b>	2010-2019 <b>40.8</b>	2010-2019 <b>59.4</b>	2010-2019 <b>174.1</b>	2010-2019 <b>172.9</b>
Colorectal cancer deaths per 100,000 population	2010-2019 <b>25.0</b>	2010-2019 <b>5.7</b>	2010-2019 <b>13.3</b>	2010-2019 <b>0.0</b>	2010-2019 <b>5.3</b>	2010-2019 <b>13.5</b>	2010-2019 <b>13.4</b>
Female breast cancer deaths per 100,000 population	2010-2019 <b>33.5</b>	2010-2019 <b>5.3</b>	2010-2019 <b>18.1</b>	2010-2019 <b>0.0</b>	2010-2019 <b>13.5</b>	2010-2019 <b>18.1</b>	2010-2019 <b>18.1</b>
Lung cancer deaths per 100,000 population	2010-2019 <b>55.3</b>	2010-2019 <b>15.3</b>	2010-2019 <b>32.9</b>	2010-2019 <b>0.0</b>	2010-2019 <b>10.9</b>	2010-2019 <b>49.4</b>	2010-2019 <b>48.9</b>
Prostate cancer deaths per 100,000 population	2010-2019 <b>17.7</b>	2010-2019 <b>7.1</b>	2010-2019 <b>11.5</b>	2010-2019 <b>0.0</b>	2010-2019 <b>6.0</b>	2010-2019 <b>19.7</b>	2010-2019 <b>19.5</b>
Tobacco-related cancer deaths per 100,000 population	2010-2019 <b>80.8</b>	2010-2019 <b>27.8</b>	2010-2019 <b>44.6</b>	2010-2019 <b>40.8</b>	2010-2019 <b>15.3</b>	2010-2019 <b>53.5</b>	2010-2019 <b>53.2</b>
All cancer new cases per 100,000 population	-	-	2009-2018 <b>333.4</b>	-	-	2009-2018 <b>480.1</b>	2009-2018 <b>480.8</b>
Bladder cancer new cases per 100,000 population	-	-	2009-2018 <b>12.0</b>	-	-	2009-2018 <b>27.5</b>	2009-2018 <b>27.4</b>
Colorectal cancer new cases per 100,000 population	-	-	2009-2018 <b>24.7</b>	-	-	2009-2018 <b>37.9</b>	2009-2018 <b>38.0</b>
Colorectal late-stage new cases per 100,000 population	-	-	2009-2018 <b>14.7</b>	-	-	2009-2018 <b>20.6</b>	2009-2018 <b>20.6</b>
Female breast cancer new cases per 100,000 population	-	-	2009-2018 <b>74.5</b>	-	-	2009-2018 <b>126.7</b>	2009-2018 <b>126.4</b>
Female breast cancer late-stage new cases per 100,000 population	-	-	2009-2018 <b>35.9</b>	-	-	2009-2018 <b>39.5</b>	2009-2018 <b>39.5</b>
Lung cancer new cases per 100,000 population	-	-	2009-2018 <b>40.0</b>	-	-	2009-2018 <b>73.1</b>	2009-2018 <b>72.9</b>
Lung cancer late-stage incidence per 100,000 population	-	-	2009-2018 <b>31.0</b>	-	-	2009-2018 <b>52.9</b>	2009-2018 <b>52.7</b>
Melanoma skin cancer new cases per 100,000 population	-	-	2009-2018 <b>2.2</b>	-	-	2009-2018 <b>24.4</b>	2009-2018 <b>25.2</b>
Prostate cancer new cases per 100,000 population	-	-	2009-2018 <b>131.8</b>	-	-	2009-2018 <b>98.6</b>	2009-2018 <b>99.7</b>
Tobacco-related cancer (excluding lung cancer) new cases per 100,000 population	-	-	2009-2018 <b>96.9</b>	-	-	2009-2018 <b>135.4</b>	2009-2018 <b>135.5</b>
HPV-associated cancer new cases per 100,000 population	-	-	2009-2018 <b>7.0</b>	-	-	2009-2018 <b>13.1</b>	2009-2018 <b>13.0</b>
Obesity-associated cancer (excluding colon cancer) new cases per 100,000 population	-	-	2009-2018 <b>82.1</b>	-	-	2009-2018 <b>133.5</b>	2009-2018 <b>133.1</b>

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<b>CARDIOVASCULAR DISEASE</b>							
High Blood Pressure	2011, 2013, 2015 & 2017 <b>32.7%</b>	2011, 2013, 2015 & 2017 <b>13.5%</b>	2011, 2013, 2015 & 2017 <b>20.9%</b>	2011, 2013, 2015 & 2017 <b>-</b>	2011, 2013, 2015 & 2017 <b>36.3%</b>	2011, 2013, 2015 & 2017 <b>33.9%</b>	2011, 2013, 2015 & 2017 <b>33.6%</b>
High cholesterol	2011, 2013, 2015 & 2017 <b>41.1%</b>	2011, 2013, 2015 & 2017 <b>-</b>	2011, 2013, 2015 & 2017 <b>-</b>	2011, 2013, 2015 & 2017 <b>-</b>	2011, 2013, 2015 & 2017 <b>38.0%</b>	2011, 2013, 2015 & 2017 <b>39.2%</b>	2011, 2013, 2015 & 2017 <b>39.1%</b>
Cardiovascular disease deaths per 100,000 population	2010-2019 <b>268.6</b>	2010-2019 <b>97.8</b>	2010-2019 <b>149.7</b>	2010-2019 <b>378.7</b>	2010-2019 <b>57.8</b>	2010-2019 <b>195.6</b>	2010-2019 <b>194.4</b>
Coronary heart disease deaths per 100,000 population	2010-2019 <b>129.1</b>	2010-2019 <b>38.1</b>	2010-2019 <b>40.3</b>	2010-2019 <b>0.0</b>	2010-2019 <b>25.7</b>	2010-2019 <b>83.6</b>	2010-2019 <b>82.8</b>
Heart attack deaths per 100,000 population	2010-2019 <b>43.5</b>	2010-2019 <b>17.6</b>	2010-2019 <b>15.3</b>	2010-2019 <b>0.0</b>	2010-2019 <b>10.2</b>	2010-2019 <b>28.4</b>	2010-2019 <b>28.1</b>
Stroke deaths per 100,000 population	2010-2019 <b>45.2</b>	2010-2019 <b>31.0</b>	2010-2019 <b>22.2</b>	2010-2019 <b>80.1</b>	2010-2019 <b>8.8</b>	2010-2019 <b>34.0</b>	2010-2019 <b>33.9</b>
Heart attack hospitalizations per 10,000 population	2016-2018 <b>29.9</b>	2016-2018 <b>7.8</b>	2016-2018 <b>18.9</b>	2016-2018 <b>78.9</b>	<b>-</b>	2016-2018 <b>22.5</b>	2016-2018 <b>22.5</b>
Heart failure hospitalizations per 10,000 population	2016-2018 <b>18.2</b>	2016-2018 <b>5.5</b>	2016-2018 <b>7.7</b>	2016-2018 <b>0.0</b>	<b>-</b>	2016-2018 <b>11.0</b>	2016-2018 <b>11.2</b>
High blood pressure hospitalizations per 10,000 population	2016-2018 <b>18.4</b>	2016-2018 <b>6.1</b>	2016-2018 <b>30.6</b>	2016-2018 <b>21.5</b>	<b>-</b>	2016-2018 <b>13.6</b>	2016-2018 <b>13.8</b>
Stroke hospitalizations per 10,000 population	2016-2018 <b>19.9</b>	2016-2018 <b>14.1</b>	2016-2018 <b>25.2</b>	2016-2018 <b>137.0</b>	<b>-</b>	2016-2018 <b>20.8</b>	2016-2018 <b>21.2</b>
Cholesterol checked in past five years	2011, 2013, 2015 & 2017 <b>76.9%</b>	2011, 2013, 2015 & 2017 <b>-</b>	2011, 2013, 2015 & 2017 <b>-</b>	2011, 2013, 2015 & 2017 <b>-</b>	2011, 2013, 2015 & 2017 <b>80.7%</b>	2011, 2013, 2015 & 2017 <b>82.5%</b>	2011, 2013, 2015 & 2017 <b>82.1%</b>
<b>DIABETES</b>							
Diabetes	2011-2017 <b>14.9%</b>	2011-2017 <b>3.1%</b>	2011-2017 <b>4.9%</b>	2011-2017 <b>-</b>	2011-2017 <b>12.7%</b>	2011-2017 <b>9.9%</b>	2011-2017 <b>9.9%</b>
Prediabetes	2011-2017 <b>8.0%</b>	2011-2017 <b>4.1%</b>	2011-2017 <b>11.5%</b>	2011-2017 <b>-</b>	2011-2017 <b>7.1%</b>	2011-2017 <b>7.6%</b>	2011-2017 <b>7.6%</b>
Diabetes deaths (underlying cause) per 100,000 population	2010-2019 <b>54.0</b>	2010-2019 <b>13.9</b>	2010-2019 <b>26.3</b>	2010-2019 <b>0.0</b>	2010-2019 <b>15.5</b>	2010-2019 <b>21.8</b>	2010-2019 <b>21.8</b>
Diabetes hospitalizations (principal diagnosis) per 10,000 population	2016-2018 <b>18.8</b>	2016-2018 <b>3.1</b>	2016-2018 <b>32.1</b>	2016-2018 <b>13.8</b>	<b>-</b>	2016-2018 <b>12.5</b>	2016-2018 <b>12.7</b>
Diabetes emergency department rate (principal diagnosis) per 10,000 population	<b>-</b>	2016-2018 <b>18.5</b>	2016-2018 <b>102.8</b>	2016-2018 <b>98.7</b>	<b>-</b>	2016-2018 <b>30.1</b>	2016-2018 <b>31.2</b>
A1c test at least twice/year (adults with diabetes)	2011-2017 <b>-</b>	2011-2017 <b>-</b>	2011-2017 <b>-</b>	2011-2017 <b>-</b>	2011-2017 <b>-</b>	2011-2017 <b>77.6%</b>	2011-2017 <b>77.5%</b>
Formal diabetes education (adults with diabetes)	2011-2017 <b>-</b>	2011-2017 <b>-</b>	2011-2017 <b>-</b>	2011-2017 <b>-</b>	2011-2017 <b>-</b>	2011-2017 <b>59.2%</b>	2011-2017 <b>59.1%</b>

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<b>DIABETES (CONTINUED)</b>							
Foot exam annually (adults with diabetes)	2011-2017 <b>87.1%</b>	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 <b>84.0%</b>	2011-2017 <b>83.9%</b>
Dilated eye exam annually (adults with diabetes)	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 <b>70.7%</b>	2011-2017 <b>70.4%</b>
<b>RESPIRATORY HEALTH</b>							
Current asthma (adults)	2011-2017 <b>16.5%</b>	2011-2017 <b>12.2%</b>	2011-2017 <b>7.8%</b>	2011-2017 -	2011-2017 <b>19.1%</b>	2011-2017 <b>11.5%</b>	2011-2017 <b>11.6%</b>
Current asthma (youth ages 0-17)	2011-2017 -	2011-2017 -	2011-2017 <b>11.8%</b>	2011-2017 -	2011-2017 <b>15.2%</b>	2011-2017 <b>8.5%</b>	2011-2017 <b>8.9%</b>
Chronic lower respiratory disease deaths per 100,000 population	-	-	2010-2019 -	-	-	2010-2019 <b>48.3</b>	2010-2019 <b>48.1</b>
Asthma emergency department rate per 10,000 population	2016-2018 <b>48.0</b>	2016-2018 <b>23.5</b>	2016-2018 <b>107.9</b>	2016-2018 <b>102.3</b>	-	2016-2018 <b>40.3</b>	2016-2018 <b>42.5</b>
Chronic obstructive pulmonary disease (COPD)	2011-2017 <b>17.9%</b>	2011-2017 <b>0.8%</b>	2011-2017 <b>3.3%</b>	2011-2017 -	2011-2017 <b>13.1%</b>	2011-2017 <b>7.5%</b>	2011-2017 <b>7.7%</b>
Chronic obstructive pulmonary disease hospitalizations per 10,000 population	2016-2018 <b>34.4</b>	2016-2018 <b>2.9</b>	2016-2018 <b>11.8</b>	2016-2018 <b>0.0</b>	-	2016-2018 <b>16.5</b>	2016-2018 <b>16.7</b>
Pneumonia hospitalizations per 10,000 population	2016-2018 <b>40.5</b>	2016-2018 <b>5.9</b>	2016-2018 <b>13.4</b>	2016-2018 <b>46.5</b>	-	2016-2018 <b>18.9</b>	2016-2018 <b>19.1</b>
<b>PHYSICAL ACTIVITY, NUTRITION AND WEIGHT</b>							
Obesity (adults)	2011-2017 <b>37.0%</b>	2011-2017 <b>13.2%</b>	2011-2017 <b>25.6%</b>	2011-2017 -	2011-2017 <b>28.6%</b>	2011-2017 <b>29.0%</b>	2011-2017 <b>28.9%</b>
Overweight (adults)	2011-2017 <b>30.9%</b>	2011-2017 <b>27.9%</b>	2011-2017 <b>37.8%</b>	2011-2017 -	2011-2017 <b>39.0%</b>	2011-2017 <b>36.1%</b>	2011-2017 <b>36.1%</b>
Obesity (high school students)	2019 <b>23.8%</b>	2019 <b>10.7%</b>	2019 <b>17.4%</b>	2019 <b>24.8%</b>	2019 <b>17.7%</b>	2019 <b>14.7%</b>	2019 <b>15.0%</b>
Obesity (middle school students)	2019 <b>20.9%</b>	2019 <b>13.2%</b>	2019 <b>19.2%</b>	2019 <b>20.2%</b>	2019 <b>16.4%</b>	2019 <b>14.9%</b>	2019 <b>15.1%</b>
Overweight (high school students)	2019 <b>18.6%</b>	2019 <b>10.4%</b>	2019 <b>19.2%</b>	2019 <b>20.2%</b>	2019 <b>19.2%</b>	2019 <b>16.3%</b>	2019 <b>16.3%</b>
Overweight (middle school students)	2019 <b>15.7%</b>	2019 <b>15.5%</b>	2019 <b>16.2%</b>	2019 <b>27.3%</b>	2019 <b>17.9%</b>	2019 <b>17.4%</b>	2019 <b>17.3%</b>
Sedentary lifestyle – no leisure-time physical activity in past month (adults)	2011-2017 <b>29.5%</b>	2011-2017 <b>23.9%</b>	2011-2017 <b>28.5%</b>	2011-2017 -	2011-2017 <b>22.8%</b>	2011-2017 <b>22.3%</b>	2011-2017 <b>22.4%</b>
Met aerobic physical activity recommendations (adults)	2011, 2013, 2015 & 2017 <b>51.8%</b>	2011, 2013, 2015 & 2017 -	2011, 2013, 2015 & 2017 -	2011, 2013, 2015 & 2017 -	2011, 2013, 2015 & 2017 <b>55.2%</b>	2011, 2013, 2015 & 2017 <b>54.4%</b>	2011, 2013, 2015 & 2017 <b>54.2%</b>
Met physical activity recommendations (high school students)	2019 <b>22.4%</b>	2019 <b>12.7%</b>	2019 <b>16.6%</b>	2019 <b>21.2%</b>	2019 <b>22.1%</b>	2019 <b>21.1%</b>	2019 <b>20.9%</b>
Met physical activity recommendations (middle school students)	2019 <b>29.8%</b>	2019 <b>21.6%</b>	2019 <b>21.2%</b>	2019 <b>28.1%</b>	2019 <b>25.0%</b>	2019 <b>25.6%</b>	2019 <b>25.5%</b>

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Fewer than two hours combined screen time (high school students)	2019 32.8%	2019 42.8%	2019 38.6%	2019 43.4%	2019 32.4%	2019 33.6%	2019 33.9%
Fewer than two hours combined screen time (middle school students)	2019 29.5%	2019 33.9%	2019 29.7%	2019 38.1%	2019 26.1%	2019 27.9%	2019 28.2%
Fruit consumption (adults reporting less than one serving per day)	-	2017 -	2017 -	2017 -	2017 -	2017 30.8%	2017 31.4%
Vegetable consumption (adults reporting less than one serving per day)	-	2017 -	2017 -	2017 -	2017 12.0%	2017 12.3%	2017 12.4%
Fruit and vegetable consumption (high school students reporting 5 or more a day)	2019 12.9%	2019 16.0%	2019 18.9%	2019 12.4%	2019 16.7%	2019 15.1%	2019 15.2%
Fruit and vegetable consumption (middle school students reporting 5 or more a day)	2019 20.8%	2019 24.5%	2019 21.7%	2019 27.8%	2019 23.7%	2019 20.8%	2019 20.9%
Soda/sports drink consumption (high school students reporting 1 or more a day)	2019 24.5%	2019 16.5%	2019 23.5%	2019 27.9%	2019 21.1%	2019 19.4%	2019 19.6%
Soda/sports drink consumption (middle school students reporting 1 or more a day)	2019 23.6%	2019 16.8%	2019 23.3%	2019 20.1%	2019 19.5%	2019 17.4%	2019 17.7%
<b>PREGNANCY AND BIRTH OUTCOMES</b>							
Infant deaths per 1,000 live births	2015-2019 4.1	2015-2019 1.0	2015-2019 6.8	2015-2019 0.0	2015-2019 12.6	2015-2019 5.7	2015-2019 5.8
Low birth weight (<2500 grams)	2017-2019 7.2%	2017-2019 8.6%	2017-2019 9.0%	2017-2019 14.3%	2017-2019 8.9%	2017-2019 7.1%	2018-2019 7.3%
Pre-term live births	2017-2019 6.5%	2017-2019 10.5%	2017-2019 8.9%	2017-2019 7.1%	2017-2019 10.4%	2017-2019 8.7%	2018-2019 8.8%
Births to 15-19 year olds per 1,000 population	2015-2019 22.1	2015-2019 2.2	2015-2019 15.7	2015-2019 43.5	2015-2019 18.5	2015-2019 12.5	2018-2019 10.0
Unintended births	2015-2019 33.2%	-	2015-2019 32.1%	-	2015-2019 19.3%	2015-2019 21.1%	2015-2019 21.6%
Births for which the mother received more than 80% of expected prenatal visits	2017-2019 76.7%	2017-2019 82.4%	2017-2019 66.7%	2017-2019 71.4%	2017-2019 81.1%	2017-2019 82.6%	2018-2019 82.7%
Smoked during pregnancy	2017-2019 29.4%	2017-2019 2.0%	2017-2019 2.0%	2017-2019 21.4%	2017-2019 24.7%	2017-2019 12.6%	2018-2019 11.9%
Drank alcohol during pregnancy	2015-2019 10.7%	-	2015-2019 5.8%	-	2015-2019 9.0%	2015-2019 8.6%	2015-2019 8.5%
Infants who are ever breast fed	2017-2019 80.1%	2017-2019 93.6%	2017-2019 92.6%	2017-2019 76.9%	2017-2019 82.8%	2017-2019 88.3%	2018-2019 89.3%
C-sections among low-risk first births	2017-2019 18.8%	2017-2019 34.1%	2017-2019 26.6%	2017-2019 50.0%	2017-2019 28.7%	2017-2019 24.4%	2018-2019 25.2%
<b>CHILDREN WITH SPECIAL HEALTH CARE NEEDS</b>							
Developmental screening for MaineCare members	2020 12.3%	2020 18.3%	2020 18.7%	2020 19.2%	2020 13.7%	2020 15.9%	2020 16.6%

INDICATOR	RACE						MAINE
	AMERICAN INDIAN OR ALASKAN NATIVE	ASIAN	BLACK OR AFRICAN AMERICAN	NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER	MORE THAN ONE RACE	WHITE	
<b>COGNITIVE HEALTH</b>							
Arthritis	2011-2017 <b>41.8%</b>	2011-2017 <b>12.3%</b>	2011-2017 <b>8.6%</b>	2011-2017 -	2011-2017 <b>37.0%</b>	2011-2017 <b>31.1%</b>	2011-2017 <b>31.0%</b>
Caregiving at least 20 hours per week	-	2015 & 2017 -	2015 & 2017 -	2015 & 2017 -	2015 & 2017 <b>5.3%</b>	2015 & 2017 <b>4.8%</b>	2015 & 2017 <b>4.8%</b>
<b>IMMUNIZATIONS</b>							
Influenza vaccination in the past year (adults)	-	2011-2017 <b>44.5%</b>	2011-2017 <b>33.9%</b>	2011-2017 -	2011-2017 <b>32.2%</b>	2011-2017 <b>42.6%</b>	2011-2017 <b>42.3%</b>
Pneumococcal pneumonia vaccination (adults ages 65+)	-	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 <b>79.3%</b>	2011-2017 <b>75.2%</b>	2011-2017 <b>75.2%</b>
<b>INFECTIOUS DISEASE</b>							
Gastrointestinal disease new cases per 100,000 population	2020 <b>10.2</b>	-	2020 <b>4.4</b>	-	2020 <b>44.8</b>	2020 <b>30.6</b>	2020 <b>33.5</b>
Hepatitis A (acute) new cases per 100,000 population	2020 <b>41.0</b>	-	2020 <b>4.4</b>	-	2020 <b>20.4</b>	2020 <b>10.3</b>	2020 <b>10.8</b>
Hepatitis B (acute) new cases per 100,000 population	2020 <b>10.2</b>	-	2020 <b>0.0</b>	-	2020 <b>4.1</b>	2020 <b>3.0</b>	2020 <b>3.0</b>
Hepatitis B (chronic) new cases per 100,000 population	2020 <b>10.2</b>	-	2020 <b>141.0</b>	-	2020 <b>16.3</b>	2020 <b>5.5</b>	2020 <b>9.2</b>
Hepatitis C (acute) new cases per 100,000 population	2020 <b>30.7</b>	-	2020 <b>17.6</b>	-	2020 <b>20.4</b>	2020 <b>14.4</b>	2020 <b>15.3</b>
Hepatitis C (chronic) new cases per 100,000 population	2020 <b>92.1</b>	-	2020 <b>92.5</b>	-	2020 <b>138.5</b>	2020 <b>73.3</b>	2020 <b>105.3</b>
Lyme disease new cases per 100,000 population	2020 <b>0.0</b>	-	2020 <b>17.6</b>	-	2020 <b>0.0</b>	2020 <b>62.9</b>	2020 <b>83.8</b>
Pertussis new cases per 100,000 population	2020 <b>0.0</b>	-	2020 <b>0.0</b>	-	2020 <b>0.0</b>	2020 <b>1.9</b>	2020 <b>2.2</b>
Tuberculosis new cases per 100,000 population	2020 <b>0.0</b>	-	2020 <b>22.0</b>	-	2020 <b>0.0</b>	2020 <b>0.5</b>	2020 <b>1.3</b>
Chlamydia new cases per 100,000 population	2020 <b>184.3</b>	-	2020 <b>806.5</b>	-	2020 <b>57.0</b>	2020 <b>148.4</b>	2020 <b>257.8</b>
Gonorrhea new cases per 100,000 population	2020 <b>10.2</b>	-	2020 <b>379.0</b>	-	2020 <b>65.2</b>	2020 <b>29.5</b>	2020 <b>38.7</b>
HIV new cases per 100,000 population	2020 <b>0.0</b>	-	2020 <b>13.2</b>	-	2020 <b>0.0</b>	2020 <b>1.0</b>	2020 <b>1.2</b>
Syphilis new cases per 100,000 population	2020 <b>0.0</b>	-	2020 <b>17.6</b>	-	2020 <b>12.2</b>	2020 <b>3.8</b>	2020 <b>4.9</b>

INDICATOR	RACE						MAINE
	AMERICAN INDIAN OR ALASKAN NATIVE	ASIAN	BLACK OR AFRICAN AMERICAN	NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER	MORE THAN ONE RACE	WHITE	
<b>UNINTENTIONAL INJURY</b>							
Injury deaths per 100,000 population	2010-2019 <b>103.2</b>	2010-2019 <b>30.7</b>	2010-2019 <b>58.9</b>	2010-2019 <b>60.4</b>	2010-2019 <b>28.7</b>	2010-2019 <b>72.4</b>	2010-2019 <b>71.7</b>
Fall-related deaths (unintentional) per 100,000 population	2010-2019 <b>8.1</b>	2010-2019 <b>7.8</b>	2010-2019 <b>5.2</b>	2010-2019 <b>0.0</b>	2010-2019 <b>0.7</b>	2010-2019 <b>11.1</b>	2010-2019 <b>11.0</b>
Poisoning deaths (unintentional and undetermined intent) per 100,000 population	2010-2019 <b>33.0</b>	2010-2019 <b>3.2</b>	2010-2019 <b>17.7</b>	2010-2019 <b>16.2</b>	2010-2019 <b>11.3</b>	2010-2019 <b>20.1</b>	2010-2019 <b>19.9</b>
Motor vehicle traffic crash (unintentional) deaths per 100,000 population	2010-2019 <b>13.9</b>	2010-2019 <b>6.7</b>	2010-2019 <b>8.4</b>	2010-2019 <b>0.0</b>	2010-2019 <b>3.9</b>	2010-2019 <b>11.1</b>	2010-2019 <b>10.9</b>
Fall-related injury (unintentional) emergency department rate per 10,000 population	-	2016-2018 <b>102.3</b>	2016-2018 <b>334.4</b>	2016-2018 <b>593.3</b>	-	2016-2018 <b>303.7</b>	2016-2018 <b>307.4</b>
Traumatic brain injury emergency department rate per 10,000 population	-	2016-2018 <b>16.8</b>	2016-2018 <b>36.5</b>	2016-2018 <b>93.5</b>	-	2016-2018 <b>38.8</b>	2016-2018 <b>39.2</b>
Always wear seatbelt (high school students)	2019 <b>56.6%</b>	2019 <b>59.0%</b>	2019 <b>54.5%</b>	2019 <b>48.8%</b>	2019 <b>65.9%</b>	2019 <b>71.1%</b>	2019 <b>70.0%</b>
Always wear seatbelt (middle school students)	2019 <b>68.7%</b>	2019 <b>71.9%</b>	2019 <b>61.2%</b>	2019 <b>59.0%</b>	2019 <b>71.1%</b>	2019 <b>79.1%</b>	2019 <b>77.9%</b>
<b>INTENTIONAL INJURY</b>							
Firearm deaths per 100,000 population	2010-2019 <b>15.5</b>	2010-2019 <b>1.1</b>	2010-2019 <b>6.9</b>	2010-2019 <b>0.0</b>	2010-2019 <b>6.0</b>	2010-2019 <b>10.0</b>	2010-2019 <b>9.8</b>
Suicide deaths per 100,000 population	2010-2019 <b>24.0</b>	2010-2019 <b>6.5</b>	2010-2019 <b>11.4</b>	2010-2019 <b>44.2</b>	2010-2019 <b>9.3</b>	2010-2019 <b>16.9</b>	2010-2019 <b>16.6</b>
Violence by current or former intimate partners in past 12 months (among females)	2011, 2012, 2014 & 2016 -	-	2011, 2012, 2014 & 2016 -	2011, 2012, 2014 & 2016 -	2011, 2012, 2014 & 2016 <b>2.5%</b>	2011, 2012, 2014 & 2016 <b>1.5%</b>	2011, 2012, 2014 & 2016 <b>1.5%</b>
Bullied on school property (high school students)	2019 <b>32.5%</b>	2019 <b>14.9%</b>	2019 <b>20.2%</b>	2019 <b>39.1%</b>	2019 <b>29.4%</b>	2019 <b>23.1%</b>	2019 <b>23.3%</b>
Bullied on school property (middle school students)	2019 <b>51.1%</b>	2019 <b>36.0%</b>	2019 <b>31.7%</b>	2019 <b>49.9%</b>	2019 <b>55.9%</b>	2019 <b>46.2%</b>	2019 <b>46.3%</b>
Intentional self-injury (high school students)	2019 <b>24.1%</b>	2019 <b>18.1%</b>	2019 <b>17.3%</b>	2019 <b>33.4%</b>	2019 <b>28.4%</b>	2019 <b>18.3%</b>	2019 <b>18.7%</b>
Intentional self-injury (middle school students)	2019 <b>22.4%</b>	2019 <b>14.8%</b>	2019 <b>14.4%</b>	2019 <b>25.6%</b>	2019 <b>30.4%</b>	2019 <b>18.6%</b>	2019 <b>18.9%</b>
<b>MENTAL HEALTH</b>							
Mental health emergency department rate per 10,000 population	-	2016-2018 <b>105.6</b>	2016-2018 <b>262.2</b>	2016-2018 <b>325.6</b>	-	2016-2018 <b>178.6</b>	2016-2018 <b>181.5</b>
Depression, current symptoms (adults)	-	2011-2017 <b>14.3%</b>	2011-2017 <b>15.7%</b>	2011-2017 -	2011-2017 <b>21.7%</b>	2011-2017 <b>9.2%</b>	2011-2017 <b>9.6%</b>
Depression, lifetime	-	2011-2017 -	2011-2017 <b>18.7%</b>	2011-2017 -	2011-2017 <b>35.1%</b>	2011-2017 <b>23.4%</b>	2011-2017 <b>23.6%</b>



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<b>MENTAL HEALTH (CONTINUED)</b>							
Anxiety, lifetime	-	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 33.8%	2011-2017 19.9%	2011-2017 20.3%
Sad/hopeless for two weeks in a row (high school students)	2019 39.7%	2019 25.8%	2019 30.6%	2019 43.6%	2019 42.0%	2019 31.8%	2019 32.1%
Sad/hopeless for two weeks in a row (middle school students)	2019 31.8%	2019 30.2%	2019 24.8%	2019 44.4%	2019 35.1%	2019 24.2%	2019 24.8%
Seriously considered suicide (high school students)	2019 22.5%	2019 14.6%	2019 15.9%	2019 29.3%	2019 24.2%	2019 16.1%	2019 16.4%
Seriously considered suicide (middle school students)	2019 25.2%	2019 21.5%	2019 20.4%	2019 25.2%	2019 29.4%	2019 19.3%	2019 19.8%
Chronic disease among persons with depression	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 -	2011-2017 29.9%	2011-2017 30.8%
Currently receiving outpatient mental health treatment (adults)	2011-2017 23.6%	2011-2017 14.0%	2011-2017 11.9%	2011-2017 -	2011-2017 25.5%	2011-2017 17.6%	2011-2017 17.8%
<b>ORAL HEALTH</b>							
Dentist visits in the past year (adults)	-	2012, 2014 & 2016 -	2012, 2014 & 2016 -	2012, 2014 & 2016 -	2012, 2014 & 2016 49.1%	2012, 2014 & 2016 64.8%	2012, 2014 & 2016 64.2%
Adult tooth loss	-	2012, 2014 & 2016 4.9%	2012, 2014 & 2016 8.0%	2012, 2014 & 2016 -	2012, 2014 & 2016 22.8%	2012, 2014 & 2016 19.7%	2012, 2014 & 2016 19.8%
Ambulatory care sensitive dental emergency department rates for adults per 10,000 population	-	2016-2018 28.7	2016-2018 273.3	2016-2018 254.6	-	2016-2018 134.4	2016-2018 136.9
Ambulatory care sensitive dental emergency department rates for children per 10,000 population	-	2016-2018 11.0	2016-2018 42.8	2016-2018 -	-	2016-2018 16.7	2016-2018 17.9
<b>SUBSTANCE USE</b>							
Overdose deaths per 100,000 population	-	2020 -	2020 86.6	2020 -	-	2020 37.7	2020 37.3
Drug-induced deaths per 100,000 population	-	-	2010-2019 17.0	-	-	2010-2019 21.6	2010-2019 21.4
Alcohol-induced deaths per 100,000 population	-	-	2010-2019 1.5	-	-	2010-2019 9.8	2010-2019 9.8
Chronic heavy drinking (adults)	2013-2017 6.8%	2013-2017 5.5%	2013-2017 8.9%	2013-2017 -	2013-2017 5.3%	2013-2017 8.0%	2013-2017 8.0%
Binge drinking (adults)	2011-2017 17.3%	2011-2017 17.4%	2011-2017 16.7%	2011-2017 -	2011-2017 19.6%	2011-2017 17.5%	2011-2017 17.6%
Past-30-day marijuana use (adults)	2013-2017 22.6%	2013-2017 -	2013-2017 -	2013-2017 6.5%	2013-2017 23.3%	2013-2017 11.2%	2013-2017 11.6%
Past-30-day misuse of prescription drugs (adult)	2013-2017 0.9%	2013-2017 5.5%	2013-2017 -	2013-2017 -	2013-2017 3.0%	2013-2017 0.9%	2013-2017 1.0%

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<b>SUBSTANCE USE (CONTINUED)</b>							
Past-30-day alcohol use (high school students)	2019 25.5%	2019 14.1%	2019 17.2%	2019 44.8%	2019 23.1%	2019 23.1%	2019 22.9%
Past-30-day alcohol use (middle school students)	2019 6.3%	2019 4.1%	2019 4.3%	2019 17.5%	2019 5.2%	2019 3.9%	2019 4.0%
Binge drinking (high school students)	2019 10.3%	2019 6.8%	2019 8.3%	2019 21.1%	2019 12.8%	2019 8.0%	2019 8.2%
Binge drinking (middle school students)	2019 1.9%	2019 1.4%	2019 1.9%	2019 11.8%	2019 2.2%	2019 1.2%	2019 1.3%
Past-30-day marijuana use (high school students)	2019 29.5%	2019 13.4%	2019 21.9%	2019 41.4%	2019 26.3%	2019 21.9%	2019 22.1%
Past-30-day marijuana use (middle school students)	2019 7.8%	2019 5.3%	2019 4.5%	2019 13.1%	2019 6.5%	2019 3.8%	2019 4.1%
Past-30-day misuse of prescription drugs (high school students)	2019 10.3%	2019 8.3%	2019 11.3%	2019 28.1%	2019 7.5%	2019 4.4%	2019 5.0%
Past-30-day misuse of prescription drugs (middle school students)	2019 4.4%	2019 6.5%	2019 5.4%	2019 15.1%	2019 3.4%	2019 2.7%	2019 3.0%
Opiate poisoning emergency department rate per 10,000 population	-	2016-2018 2.2	2016-2018 12.6	2016-2018 23.9	-	2016-2018 10.0	2016-2018 9.9
Opiate poisoning hospitalizations per 10,000 population	2016-2018 2.7	2016-2018 0.0	2016-2018 1.4	2016-2018 0.0	-	2016-2018 1.4	2016-2018 1.4
<b>TOBACCO USE</b>							
Current (every day or somedays) smoking (adults)	2013-2017 40.5%	2013-2017 13.4%	2013-2017 22.6%	2013-2017 -	2013-2017 30.0%	2013-2017 18.8%	2013-2017 19.2%
Current (every day or somedays) e-cigarette use (adults)	2015-2017 8.6%	2015-2017 4.3%	2015-2017 9.6%	2015-2017 -	2015-2017 11.0%	2015-2017 3.3%	2015-2017 3.5%
Past-30-day cigarette smoking (high school students)	2019 14.9%	2019 10.4%	2019 8.9%	2019 30.3%	2019 9.4%	2019 6.6%	2019 7.1%
Past-30-day cigarette smoking (middle school students)	2019 2.9%	2019 3.4%	2019 2.6%	2019 5.4%	2019 2.1%	2019 1.3%	2019 1.5%
Past-30-day e-cigarette use (high school students)	2019 34.3%	2019 19.7%	2019 25.3%	2019 55.5%	2019 29.7%	2019 28.6%	2019 28.7%
Past-30-day e-cigarette use (middle school students)	2019 9.5%	2019 7.0%	2019 9.3%	2019 19.7%	2019 9.2%	2019 6.8%	2019 7.0%
Past-30-day tobacco use (high school students)	2019 20.1%	2019 12.9%	2019 13.3%	2019 36.0%	2019 13.5%	2019 10.0%	2019 10.6%
Past-30-day tobacco use (middle school students)	2019 6.1%	2019 4.7%	2019 5.6%	2019 10.4%	2019 3.6%	2019 2.9%	2019 3.1%
Environmental tobacco smoke exposure (high school students)	2019 37.1%	2019 19.1%	2019 22.9%	2019 46.4%	2019 30.7%	2019 26.9%	2019 27.0%

INDICATOR	RACE						MAINE
	AMERICAN INDIAN OR ALASKAN NATIVE	ASIAN	BLACK OR AFRICAN AMERICAN	NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER	MORE THAN ONE RACE	WHITE	
<b>TOBACCO USE (CONTINUED)</b>							
<b>Environmental tobacco smoke exposure (middle school students)</b>	2019 <b>29.3%</b>	2019 <b>19.1%</b>	2019 <b>16.4%</b>	2019 <b>21.8%</b>	2019 <b>28.4%</b>	2019 <b>21.9%</b>	2019 <b>22.1%</b>
<b>Maine QuitLink users</b>	2020 <b>1.3%</b>	-	2020 <b>2.1%</b>	-	-	2020 <b>1.5%</b>	2020 <b>1.8%</b>

The Maine Shared Community Health Needs Assessment (Maine Shared CHNA) is a collaboration between Central Maine Healthcare (CMHC), Maine Center for Disease Control and Prevention (Maine CDC), MaineGeneral Health (MGH), MaineHealth (MH), and Northern Light Health (NLH).

The vision of the Maine Shared CHNA is to turn health data into action so that Maine will become the healthiest state in the U.S. The mission of the Maine Shared CHNA is to:

- Create Shared CHNA Reports,
- Engage and activate communities, and
- Support data-driven health improvements for Maine people.

For more information on Maine Shared CHNA, including a list of data sources and definitions, please visit our web page: [www.mainechna.org](http://www.mainechna.org).

