

MAINE WIC PROGRAM

WIC VENDOR MINIMUM STOCK REQUIREMENTS

Appendix VM1-A

Vendors are strongly encouraged to stock as many varieties of WIC approved foods as possible. If possible, please make the following items available upon request: Infant meat, other infant formulas, tuna, pink salmon, sardines, tofu, whole wheat/whole grain pasta, tortillas, oatmeal, brown rice, 15-16 oz. canned beans, dry beans, lentils, or peas, soy beverage, lactose free milk, non-fat dry milk, 2% reduced fat milk, low fat and nonfat yogurt.

A WIC VENDOR MUST HAVE, AT A MINIMUM, THE FOLLOWING FOOD ITEMS IN STOCK AT ALL TIMES:

Category	Type or Brand	Quantity
Infant Formula	Similac Advance® Similac Isomil® Similac Sensitive® Similac for Spit-Up® Similac Total Comfort®	Peer A: 24 cans of Similac Peer C: 2 cans of Similac
Infant Fruits & Vegetables	2 oz or 4 oz container single or multipack or 2 packs of 2 oz net wt. 4 oz. Conventional or Organic Jars, pouches, and plastic tubs Any stage of infant fruit or vegetable or blends of fruits and/or vegetables WIC approved brands are <ul style="list-style-type: none"> • Beech-Nut (Classics, Naturals, Organic) • Earth's Best Organic • Gerber (Natural, Original, Organic) • Happy Baby Organic • Nature's Promise • Once Upon A Farm • O Organics • Parent's Choice • Plum Organics • Tippy Toes (Regular, Organic) 	72 Units Total- At least one variety of single or mixed fruit AND one variety of single or mixed vegetable
Infant Cereal	<ul style="list-style-type: none"> • Beech-Nut (Original, Organic) • Earth's Best Organic • Gerber (Original, Organic) ○ Barley ○ Millet Quinoa ○ Multigrain ○ Oatmeal ○ Rice ○ Whole Wheat 	6 Boxes/Containers
Fresh Fruits & Vegetables	Any combination of fresh fruits and vegetables except those listed in the Approved Food List as not allowed. Must carry at least 2 varieties of fresh fruits AND 2 varieties of fresh vegetables.	\$25 Retail Value OR 10 Pounds
Milk	Any brand of Whole, Low Fat (1%, ½%) or Fat Free (skim). Not Allowed: Pints, Chocolate or flavored milk, glass bottles, organic milk, raw milk, milk not from cows.	4 Gallons Whole Milk and 8 Gallons Low Fat or Fat Free Milk
Cheese	Any brand U.S. made real cheese in the types listed in the Approved Food List. Must be pre-packaged in 8 oz. 16 oz. 24 oz. and 32 oz. sizes.	5 Pounds
Eggs	Any brand and size of eggs listed in the Approved Food List 1 dozen size only.	5 Dozen
Cereal	At least 6 brands in approved sizes only. At least 3 of the 6 brands must be whole grain. See Approved Food List for allowed brands and sizes of cereal, including those that are whole grain.	12 Boxes
Bread	Any combination of 14-16 oz. of whole grain packages. See Approved Food List for allowed brands.	6 Loaves and/or Packages
Juice	At least 2 flavors in 64 oz. bottles AND At least 2 flavors in 11.5 – 12 oz. concentrate.	10 Bottles 64 oz 5 cans of 11.5-12 oz conc
Peanut Butter	Any brand (smooth, creamy, crunchy, extra crunchy) 16-18 oz. jar only. No specialty brands.	4 Jars

In the event of a disaster or emergency the federal minimum stocking (i.e., two different fruits, two different vegetables, and at least one whole grain cereal authorized by the SA) goes into effect.

See the Approved Food List to determine the specific WIC allowed brands, types and sizes.

Only those items listed on the most recent Approved Food List will be counted toward the mandatory minimum stock requirements listed above.

For questions contact us at:

Ph.: 207-287-3991 or E-mail: WICVendor@maine.gov

For Resources visit: Maine.gov/WIC