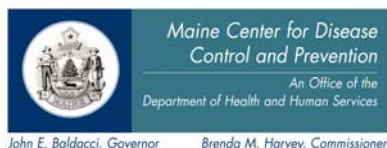


Teen and Young Adult Health

Maine Center For Disease Control and Prevention

Maine Department of Health and Human Services

- ❑ Adolescents are less likely to see a physician than any other age group.
- ❑ Pregnancy and mental health disorders are the two most frequent reasons for hospitalization among the adolescent population.
- ❑ Pregnant adolescents are at higher risk for delaying prenatal care, not completing high school, and experiencing family violence.
- ❑ Maine's 2005 teen pregnancy rates:
 - ❑ 0.5 per 1000 for 10-14 year olds
 - ❑ 17.2 per 1000 for 15-17 year olds
 - ❑ 61.7 per 1000 for 18-19 year olds.
- ❑ In 2004, 77% of births to women under age 20 and 51% of births to women aged 20-24 were unintended.



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The public health needs of adolescents are addressed in many programs across Maine State government. The Teen and Young Adult Health (TYAH) Program focuses on the issues of access to health services, youth development, health education and adolescent sexuality, and provides technical assistance to other programs that wish to involve youth and address adolescent health issues. To increase adolescents' access to appropriate medical and mental health services, Maine supports twenty school-based health centers. An additional six operate without direct state support. Twenty-four of these centers will provide health care to adolescents in the 2006-2007 school year. A statewide youth leadership network and training program is supported through a grant to People's Regional Opportunity Program. Maine supports a variety of programs addressing adolescent and unintended pregnancy. These include clinical reproductive services, family life education consultants, and community-based education and outreach through a contractual relationship with the Family Planning Association of Maine. There are 45 family planning sites statewide. Thirty-two schools receive intensive technical support for developing family life education programs within the school health education curricula. Thirty communities work with outreach educators to promote community-based education and prevention programs. The TYAH Program also consults with the Healthy Families Home Visitation program to ensure that the needs of pregnant and parenting teens are met. TYAHP co-leads a state Eating Disorders Work Group, a private-public partnerships addressing both prevention and treatment issues. The TYAH Program staff also partner with the Office of Substance Abuse, Healthy Maine Partnerships, the Maine Youth Suicide Prevention Program and others to coordinate activities and build integrated systems.

Program Goals:

- ❑ To increase adolescents' accessibility to health care, including mental health;
- ❑ To increase healthy behaviors of adolescents and reduce adolescent pregnancy and unintended births.

Priority Populations:

Adolescents and low-income women at risk of unintended pregnancy.

Program Activities:

- ❑ Providing funding for reproductive health services and family life education;
- ❑ Providing funding and technical support and developing policy for school-based health centers;
- ❑ Providing technical assistance, advocacy and support to agencies and organizations working to improve adolescent health;
- ❑ Assisting in coordination of programs and services related to adolescent health issues among State agencies.

Funding Sources:

The program is funded through the Maternal & Child Health Block Grant from the Maternal & Child Health Bureau (MCHB), direct federal funding from MCHB, Campaign for a Healthy Maine funds, and State Maternal and Child Health matching funds. (39% General Fund; 38% Fund for a Healthy Maine; 23% Federal)

Budget: \$2.9 million (planned, approximate SFY 08)

Staff Count: 3