

# Healthy Maine 2010 Report Card

## Chapter 1 - Access to Quality Health Care, Disease Prevention, and Health Promotion

		People of All Ages with Health Insurance			
1-1a Chapter 1	Increase the proportion of people of all ages with health insurance	HM 2010 Target 100%			
			1990	88.8%	
			2009	89.8%	
			<b>Summary</b>	<b>1% Increase</b>	
		Children with Health Insurance			
1-1b Chapter 1	Increase the proportion of children with health insurance	HM 2010 Target 100%			
			1990	87.7%	
			2009	96.0%	
			<b>Summary</b>	<b>8.3% Increase</b>	
		Children with a History of Decay			
21-1b Chapter 1	Reduce the proportion of children with dental caries experience in their primary teeth	HM 2010 Target 25%		<b>Kindergarten</b>	<b>3rd grade</b>
			1999	31.4%	44.7%
			2009	18.2%	29.5%
			<b>Summary</b>	<b>13.2% Decrease</b> ★	<b>15.2% Decrease</b>
		Third Graders with a Dental Sealant			
21-8 Chapter 1	Increase the proportion of children who have received dental sealants on their molar teeth	HM 2010 Target 50%			
			1999	47.6%	
			2009	61.0%	
			<b>Summary</b>	<b>13.4% Increase</b> ★	

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## Chapter 2 - Chronic Disease

Chapter 2 - Chronic Disease							
5-1a Chapter 2	Increase the proportion of Maine adults with diabetes who have taken a course or class managing diabetes	HM 2010 Target 80%	Diabetics with Course or Class Managing Diabetes				
				2000	62.3%		
				2009	59.1%		
				<b>Summary</b>	<b>3.2% Decrease</b>		
5-1b Chapter 2	Increase the proportion of Maine ADEF Program participants with diagnosis of diabetes ≤ 5 years	HM 2010 Target 95%	ADEF Participants with Diabetes Diagnosis ≤ 5 Years				
				1990	63.0%		
				2007	77.1%		
				<b>Summary</b>	<b>14.1% Increase</b>		
5-13 Chapter 2	Increase the proportion of persons with diabetes who have an annual dilated eye examination	HM 2010 Target 85%	Diabetics Having an Annual Dilated Eye Examination				
				2000	74.0%		
				2009	78.5%		
				<b>Summary</b>	<b>4.5% Increase</b>		
5-12 Chapter 2	Increase the proportion of adults with diabetes who have a hemoglobin A1c test at least once a year	HM 2010 Target 95%	Diabetics Having a Hemoglobin A1c Test in Past Year				
				2000	88.0%		
				2009	96.8%		
				<b>Summary</b>	<b>8.8% Increase</b> ★		
5-10 Chapter 2	Reduce the rate of lower extremity amputations in adults with diabetes	HM 2010 Target 1.8	Lower Extremity Amputations in Adult Diabetics				
				1995	5.6		
				2007	2.4		
				<b>Summary</b>	<b>3.2 Decrease</b>		
5-5 Chapter 2	Reduce the diabetes death rate	HM 2010 Target 65.0	Diabetes Death Rate				
				<b>Male</b>	<b>Female</b>	<b>Total</b>	
				1990	85.0	64.9	72.9
				2006	86.3	59.3	70.7
				<b>Summary</b>	<b>1.3 Increase</b>	<b>5.6 Decrease</b> ★	<b>2.2 Decrease</b>
24-3a Chapter 2	Reduce asthma hospitalization rates	HM 2010 Target 6.5	Asthma Hospitalizations				
				1999	13.9		
				2009	8.2		
				<b>Summary</b>	<b>5.7 Decrease</b>		
24-10 Chapter 2	Reduce deaths from chronic obstructive pulmonary disease (COPD)	HM 2010 Target 150.0	COPD Deaths				
				1990	126.4		
				2006	140.2		
				<b>Summary</b>	<b>13.8 Increase</b>		
12-12 Chapter 2	Increase the proportion of adults who have had their blood pressure checked within the preceding two years	HM 2010 Target 98%	Blood Pressure Checked Within Preceding 2 Years				
			No New Data				

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12-15 Chapter 2	Increase the proportion of adults in Maine who have had their blood cholesterol checked within the preceding five years	HM 2010 Target 80%	Blood Cholesterol Checked Within Preceding 5 Years			
			1993	68.3%		
			2009	82.6%		
			<b>Summary</b>	14.3% Increase ★		
12-6 Chapter 2	Reduce hospitalizations of older adults with congestive heart failure as the principal diagnosis	HM 2010 Target 65-74=9.0 75-84=22.0 85+=34.0	Hospitalizations of Older Adults with Congestive Heart Failure			
				65-74	75-84	85+
			1990	9.5	22.1	34.4
			2006	3.5	9.6	18.6
<b>Summary</b>	6.0 Decrease ★	12.5 Decrease ★	15.8 Decrease ★			
12-7 Chapter 2	Reduce stroke deaths	HM 2010 Target 51.0	Stroke Deaths			
			1990	59.6		
			2008	40.7		
			<b>Summary</b>	18.9 Decrease ★		
12-1 Chapter 2	Reduce coronary heart disease deaths	HM 2010 Target 166.0	Coronary Heart Disease Deaths			
			1990	212.4		
			2008	109.7		
			<b>Summary</b>	102.7 Decrease ★		
3-1 Chapter 2	Reduce the overall cancer death rate	HM 2010 Target Slight decrease in mortality	Cancer Deaths			
			1990	226.3		
			2006	194.3		
			<b>Summary</b>	32.0 Decrease ★		
3-13a Chapter 2	Increase the proportion of women ages 40-49 who report receiving both a mammogram and a clinical breast examination in the past two years	HM 2010 Target 75%	Women Ages 40-49 with Mammogram and CBE in Past 2 Years			
			1990	52.5%		
			2008	76.0%		
			<b>Summary</b>	23.5% Increase ★		
3-13b Chapter 2	Increase the proportion of women age 50 and over who report receiving both a mammogram and a clinical breast examination in the past one year	HM 2010 Target 70%	Women Ages 50+ with Mammogram and CBE in Past Year			
			1990	43.8%		
			2008	62.5%		
			<b>Summary</b>	18.7% Increase ★		
3-3 Chapter 2	Reduce the breast cancer death rate	HM 2010 Target Decrease in mortality	Breast Cancer Deaths			
			1990	33.0		
			2006	21.4		
			<b>Summary</b>	11.6 Decrease ★		
3-11 Chapter 2	Increase the proportion of women who received a Pap test in the past 3 years	HM 2010 Target 92%	Women Receiving a Pap Test in Past 3 Years			
			1992	85.5%		
			2008	86.3%		
			<b>Summary</b>	0.8 Increase		

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3-4 Chapter 2	Reduce the cervical cancer death rate	HM 2010 Target Slight decrease in mortality	<b>Cervical Cancer Deaths</b>			
			1990	2.9		
			2006	1.7		
		<b>Summary</b>	1.2 Decrease ★			
3-12 Chapter 2	Increase the porportion of Maine adults 50 and over who report having a fecal occult blood test in the past 2 years <u>or</u> having had a sigmoidoscopy or colonoscopy in the past 5 years	HM 2010 Target 60%	<b>Fecal Occult / Sigmoidoscopy / Colonoscopy in Past 5 Years</b>			
				<b>Male</b>	<b>Female</b>	<b>Total</b>
			1999	43.8%	56.7%	51.0%
			2009	60.9%	59.2%	60.0%
			<b>Summary</b>	17.1% Increase ★	2.5% Increase	9% Increase ★
3-5 Chapter 2	Reduce the colorectal cancer death rate	HM 2010 Target Slight decrease in mortality	<b>Colorectal Cancer Deaths</b>			
			1990	27.9		
			2006	17.1		
		<b>Summary</b>	10.8 Decrease ★			
3-2 Chapter 2	Reduce the lung cancer death rate	HM 2010 Target Slight decrease in mortality	<b>Lung Cancer Deaths</b>			
			1990	63.8		
			2006	61.5		
		<b>Summary</b>	2.3 Decrease ★			
3-7 Chapter 2	Reduce the prostate cancer death rate	HM 2010 Target Same or slight decrease in mortality	<b>Prostate Cancer Deaths</b>			
			1990	38.8		
			2006	23.9		
		<b>Summary</b>	14.9 Decrease ★			
3-9 Chapter 2	Increase the proportion of persons who use at least one protective measure that may reduce risk of skin cancer	HM 2010 Target 80%	<b>Use of Protective Measures to Reduce Risk of Skin Cancer</b>			
				<b>Male</b>	<b>Female</b>	<b>Total</b>
			1999	63.7	75.9	70.0
			2008	65.0	72.1	67.3
		<b>Summary</b>	1.3 Increase	3.8 Decrease	2.7 Decrease	
3-8 Chapter 2	Reduce the melanoma cancer death rate	HM 2010 Target Same or reduced mortality rate	<b>Melanoma Cancer Deaths</b>			
			1990	2.6		
			2006	3.3		
		<b>Summary</b>	0.7 Increase			
2-10 Chapter 2	Reduce the proportion of adults hospitalized for vertebral fracture associated with osteoporosis	HM 2010 Target 14.0	<b>Hospitalizations for Vertebral Fracture Associated with Osteoporosis</b>			
			<b>No New Data</b>			

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## Chapter 3 - Environmental Health

		Maine Homes Tested for Radon			
8-18a Chapter 3	Increase the number of Maine homes tested for radon	HM 2010 Target 43,671 homes			
			1993/94	1,553	
			2007/08	8,788	
			<b>Summary</b>	<b>7,235 Increase</b>	
8-18b Chapter 3	Of Maine homes tested for radon, increase the proportion mitigated	HM 2010 Target 60%	Mitigation of Homes Tested for Radon		
			1993/94	66%	
			2007/08	41%	
		<b>Summary</b>	<b>15% Decrease</b>		
8-1a Chapter 3	Eliminate the proportion of Maine people living in counties exceeding the state recommended ozone concentration	HM 2010 Target 0%	Living in Counties Exceeding Recommended Ozone Concentration		
			1994	75%	
			2009	49%	
		<b>Summary</b>	<b>26% Decrease</b>		
8-1b Chapter 3	Eliminate the reported number of unhealthy ozone days (based on Maine's standard of 0.08 parts per million ozone for at least 8 hours)	HM 2010 Target 0 days	Number of Unhealthy Ozone Days		
			1990	15	
			2009	3	
		<b>Summary</b>	<b>12 Decrease</b>		
8-25a Chapter 3	Increase the proportion of Maine women of childbearing age who are aware of the Bureau of Health's "Safe Eating Guidelines" for fish intended to reduce exposure to methylmercury	HM 2010 Target 90%	Women of Childbearing Age Aware of "Safe Eating Guidelines"		
			1998	32%	
			2008	74%	
		<b>Summary</b>	<b>42% Increase</b>		
8-25b Chapter 3	Reduce the proportion of Maine women of childbearing age with mercury hair levels above one part per million	HM 2010 Target 5%	Mercury Hair Levels for Maine Women of Childbearing Age		
			No New Data		
8-11b Chapter 3	Increase blood lead testing rates among one- and two-year-old children with Medicaid Insurance	HM 2010 Target 100%	Increase Blood Lead Testing Rates for Children with Medicaid		
			1998	22%	10%
			2009	61%	31%
		<b>Summary</b>	<b>39% Increase</b>	<b>21% Increase</b>	
8-11d Chapter 3	Reduce the proportion of children with elevated blood lead levels (>10 ug/dl)	HM 2010 Target 0%	Proportion of Children with Elevated Blood Lead Levels		
			1994	14.1%	
			2008	1.0%	
		<b>Summary</b>	<b>13.1% Decrease</b>		

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## Chapter 4 - Family Planning and Perinatal Health

		Births That Are Intended		
9-1 Chapter 4	Increase the proportion of births that are intended	HM 2010 Target 80%		
			1990	64.6%
			2008	63.5%
			<b>Summary</b>	<b>1.1% Decrease</b>
9-7 Chapter 4	Reduce pregnancies among adolescent females (15-17 years)	HM 2010 Target 16.3	Pregnancies Among Adolescent Females	
			1990	37.8
			2009	15.1
<b>Summary</b>	<b>22.7% Decrease</b> ★			
16-1 Chapter 4	Reduce infant deaths	HM 2010 Target 4.6	Infant Deaths	
			1990	5.9
			2008	5.6
<b>Summary</b>	<b>0.3 Decrease</b>			
16-6 Chapter 4	Increase the proportion of pregnant women who receive early and adequate prenatal care	HM 2010 Target 90%	Pregnant Women Receiving Early/Adequate Prenatal Care	
			1990	84.0%
			2008	88.6%
<b>Summary</b>	<b>4.6% Increase</b>			
16-15 Chapter 4	Reduce the occurrence of spina bifida and other neural tube defects	HM 2010 Target 3.0	Reduce Occurrence of Spina Bifida/Other Neural Tube Defects	
			1990/94	5.2
			2004/08	2.6
<b>Summary</b>	<b>2.6 Decrease</b> ★			

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## Chapter 5 - Infectious Disease and Immunization

		Adolescents Who Have Never Had Sexual Intercourse			
25-11a Chapter 5	Increase the proportion of adolescents in grades 9-12 who have never had sexual intercourse	HM 2010 Target 60%			
			1995	51.0%	
			2009	54.0%	
			<b>Summary</b>	<b>3% Increase</b>	
		Adolescents Who Have Not Had Sexual Intercourse in Past 3 Months			
25-11b Chapter 5	Increase the proportion of adolescents in grades 9-12 who have ever had sexual intercourse but who have not had sexual intercourse in the past three months	HM 2010 Target 33%			
			1995	28.7%	
			2009	22.1%	
			<b>Summary</b>	<b>6.6% Decrease</b>	
		Adolescents Who Used Condoms at Last Intercourse			
25-11c Chapter 5	Increase the proportion of sexually active adolescents in grades 9-12 who used condoms at last intercourse	HM 2010 Target 58%			
			1995	46.9%	
			2009	60.5%	
			<b>Summary</b>	<b>13.6% Increase</b> ★	
		Children Participating in Population-Based Immunization Registries			
14-26 Chapter 5	Increase the proportion of children who participate in fully operational population-based immunization registries	HM 2010 Target 95%			
			1999	25%	
			2009	72%	
			<b>Summary</b>	<b>47% Increase</b>	
		Adults Age 65 and Over Who Ever Had a Pneumonia Vaccination			
14-29a Chapter 5	Increase the proportion of adults aged 65 and older who have ever had a pneumonia vaccination against <i>streptococcus pneumoniae</i>	HM 2010 Target 75%			
			1995	36%	
			2009	71%	
			<b>Summary</b>	<b>35% Increase</b>	
		Adults Age 65 and Over Who Have Had a Flu Shot in Past 12 Months			
14-29b Chapter 5	Increase the proportion of adults aged 65 and older who received a flu shot within the past 12 months	HM 2010 Target 90%			
			1993	50%	
			2009	73%	
			<b>Summary</b>	<b>23% Increase</b>	
		Reduce Tuberculosis			
14-11 Chapter 5	Reduce tuberculosis	HM 2010 Target 0.1			
			1990	2.8	
			2009	0.7	
			<b>Summary</b>	<b>2.1 Decrease</b>	
		Reduce Chlamydia Trachomatis Infections			
25-1 Chapter 5	Reduce the proportion of adolescents and young adults with Chlamydia trachomatis infections	HM 2010 Target Females = 900 Males = 214			
			<b>Female</b>	<b>Male</b>	
			2000	1,127	267
			2009	1,713	730
<b>Summary</b>	<b>586 Increase</b>	<b>463 Increase</b>			

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## Chapter 6 - Injury

15-4 Chapter 6	Increase the proportion of firearms stored safely in homes - unloaded and locked	HM 2010 Target 80%	Increase Firearms Stored Safely	
			No New Data	
15-26 Chapter 6	Increase the proportion of homes with working smoke alarms	HM 2010 Target 100%	Increase Homes with Working Smoke Alarms	
			No New Data	
15-14 Chapter 6	Reduce nonfatal unintentional injuries	HM 2010 Target 615	Reduce Nonfatal Unintentional Injuries	
			1998	682.6
			2008	791.4
			<b>Summary</b>	<b>108.8 Increase</b>
15-13 Chapter 6	Reduce deaths caused by unintentional injury	HM 2010 Target 27	Reduce Unintentional Injury Deaths	
			1990/94	31.1
			2004/08	40.3
			<b>Summary</b>	<b>9.2 Increase</b>
15-17 Chapter 6	Reduce nonfatal injuries caused by motor vehicle crashes	HM 2010 Target 82	Reduce Nonfatal Injuries Caused by Motor Vehicle Crashes	
			1990	59.7
			2008	67.1
			<b>Summary</b>	<b>9.2 Increase</b> ★
15-15 Chapter 6	Reduce deaths caused by motor vehicle crashes	HM 2010 Target 10.6	Reduce Deaths Caused by Motor Vehicle Crashes	
			1990	16.2
			2008	11.4
			<b>Summary</b>	<b>4.8 Decrease</b>
15-19 Chapter 6	Increase the use of safety belts	HM 2010 Target 92%	Increase Use of Safety Belts	
			1990	58.1%
			2008	92.5%
			<b>Summary</b>	<b>34.4% Increase</b> ★
15-20 Chapter 6	Increase the use of child restraints	HM 2010 Target 100%	Increase Use of Child Restraints	
			No New Data	
15-27 Chapter 6	Reduce deaths from falls	HM 2010 Target 4.0	Reduce Deaths From Falls	
			1990	2.8
			2008	5.6
			<b>Summary</b>	<b>2.8 Increase</b>
15-37 Chapter 6	Reduce physical assaults	HM 2010 Target 9.9	Reduce Physical Assaults	
			1990	9.9
			2008	16.5
			<b>Summary</b>	<b>6.6 Increase</b>

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15-33 Chapter 6	Reduce child abuse and neglect	HM 2010 Target 2,080	Reduce Child Abuse and Neglect			
			1996	2,183		
			2009	2,451		
		<b>Summary</b>	268 Increase			
15-35a Chapter 6	Maine reported rape and attempted rapes	HM 2010 Target Total Rapes = 195 Forcible Rapes = 177 Attempted Rapes = 18	Reported Rape and Attempted Rapes			
				Total	Forcible	Attempted
			1996	266	238	28
			2008	373	367	6
		<b>Summary</b>	107 Increase	129 Increase	22 Decrease ★	
15-38 Chapter 6	Reduce physical fighting among adolescents	HM 2010 Target 28%	Reduce Physical Fighting Among Adolescents			
			1993	40%		
			2009	23%		
		<b>Summary</b>	17% Decrease ★			
18-2 Chapter 6	Reduce suicide attempts	HM 2010 Target 62.3	Reduce Suicide Attempts			
			1990	51.1		
			2008	85.5		
		<b>Summary</b>	34.4 Increase			
18-1 Chapter 6	Reduce the suicide rate	HM 2010 Target 12.7	Reduce Suicide Rate			
			1987/96	13.2		
			1999/08	12.2		
		<b>Summary</b>	1.0 Decrease ★			
15-32 Chapter 6	Reduce homicides	HM 2010 Target Slight Decrease in homicide rate	Reduce Homicide Rate			
			1990	1.8		
			2008	2.5		
		<b>Summary</b>	0.7 Increase			

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### Chapter 8 - Occupational Health

		Reduce Work-Related Injuries			
20-2 Chapter 8	Reduce work-related injuries	HM 2010 Target 4.3			
			1997	7.1	
			2008	5.4	
			<b>Summary</b>	<b>1.7 Decrease</b>	
		Reduce Work-Related Injuries Due to Overexertion/Repetitive Motion			
20-3 Chapter 8	Reduce work-related injuries due to overexertion or repetitive motion	HM 2010 Target Overexertion = 34 Repetitive = 14			
			2000	101.5	27.1
			2008	52.0	7.8
			<b>Summary</b>	<b>49.5 Decrease</b>	<b>19.3 Decrease ★</b>
		Reduce Deaths From Work-Related Injuries			
20-1 Chapter 8	Reduce deaths from work-related injuries	HM 2010 Target 0			
			1990	30	
			2008	24	
			<b>Summary</b>	<b>6 Decrease</b>	

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## Chapter 9 - Physical Activity and Nutrition

<b>22-11 Chapter 9</b>	Increase the proportion of adolescents who view television two or fewer hours per day	HM 2010 Target 85%	<b>Increase Proportion of Adolescents Viewing TV 2 or Fewer Hours/Day</b>		
				1999 76.0%	
				2009 74.6%	
			<b>Summary</b>	<b>1.4% Decrease</b>	
<b>22-6 Chapter 9</b>	Increase the proportion of adolescents who engage in <u>moderate</u> physical activity for at least 30 minutes on 5 or more of the previous 7 days	HM 2010 Target 40%	<b>Increase Adolescents Engaging in Moderate Physical Activity</b>		
				1995 19.1%	
				2007 28.9%	
			<b>Summary</b>	<b>9.8% Increase</b>	
<b>22-7 Chapter 9</b>	Increase the proportion of adolescents who engage in <u>vigorous</u> physical activity that promotes cardiorespiratory fitness 3 or more days per week for 20 or more minutes per occasion	HM 2010 Target 85%	<b>Increase Adolescents Engaging in Vigorous Physical Activity</b>		
				1995 63.1%	
				2007 59.7%	
			<b>Summary</b>	<b>3.4% Decrease</b>	
<b>22-1 Chapter 9</b>	Reduce the proportion of adults who engage in no leisure-time physical activity	HM 2010 Target 20%	<b>Reduce Adults Engaging in No Leisure-Time Physical Activity</b>		
				1994 40.7%	
				2009 21.2%	
			<b>Summary</b>	<b>19.5% Decrease</b>	
<b>22-2 Chapter 9</b>	Increase the proportion of adults who engage regularly, preferably daily, in moderate physical activity for at least 30 minutes per day	HM 2010 Target 30%	<b>Increase Adults Engaging Regularly in Moderate Physical Activity</b>		
			<b>No New Data</b>		
<b>19-5 Chapter 9</b>	Increase the proportion of adolescents consuming at least five or more servings of fruits and vegetables a day	HM 2010 Target 35%	<b>Increase Adolescents Consuming 5/5+ Servings Fruits/Vegetables</b>		
				1995 34.5%	
				2007 20.4%	
			<b>Summary</b>	<b>14.1% Decrease</b>	
<b>19-6 Chapter 9</b>	Increase the proportion of adults consuming at least five or more servings of fruits and vegetables a day	HM 2010 Target 30%	<b>Increase Adults Consuming 5/5+ Servings Fruits/Vegetables</b>		
				1994 21.1%	
				2009 28.0%	
			<b>Summary</b>	<b>6.9% Increase</b>	
<b>19-3 Chapter 9</b>	Reduce the proportion of adolescents who are <del>overweight</del> or obese	HM 2010 Target 5%	<b>Reduce Proportion of Adolescents Who Are Obese</b>		
				2001 10.4%	
				2009 12.5%	
			<b>Summary</b>	<b>2.1% Increase</b>	

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19-4 Chapter 9	Reduce growth retardation among low-income children under age 5 years	HM 2010 Target 30%	Increase Adults Engaging Regularly in Moderate Physical Activity			
			No New Data			
19-1, 2 Chapter 9	Reduce the proportion of adults who are overweight or obese	HM 2010 Target Obese = 15% Overweight = 30%	Reduce Proportion of Adults Who Are Overweight/Obese			
				Obese	Overweight	
			1990	12.2%	32.6%	
			2009	26.4%	37.8%	
	<b>Summary</b>	<b>14.2% Increase</b>	<b>5.2% Increase</b>			

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## Chapter 10 - Substance Abuse

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27-10b Chapter 10	Reduce the proportion of Maine adolescents who were in the same room with someone who was smoking	HM 2010 Target H.S. = 54% Grades 6-8 = 45%	Reduce Adolescents in Same Room With Someone Smoking				
				High School	Grades 6-8		
			2001	68%	56%		
			2009	54%	38%		
		Summary	14% Decrease	★	18% Decrease	★	
27-10c Chapter 10	Reduce the proportion of Maine adolescents exposed to smoke in a car seven days a week	HM 2010 Target H.S. = 14% Grades 6-8 = 11%	Reduce Adolescents Exposed to Smoke in a Car 7 Days/Week				
				High School	Grades 6-8		
			2001	18.0%	14.0%		
			2009	10.0%	6.6%		
		Summary	8% Decrease	★	7.4% Decrease	★	
27-10d Chapter 10	Reduce the average hours Maine workers are exposed to secondhand smoke at work	HM 2010 Target 0 Hours/Week	Reduce Hours Workers Are Exposed to Secondhand Smoke at Work				
			No New Data				
27-10e Chapter 10	Increase the proportion of Maine adults who do not allow smoking in their home	HM 2010 Target 80%	Increase Adults Who Do Not Allow Smoking in Their Home				
			2000	63.0%			
			2009	83.3%			
		Summary	20.3% Increase		★		
26-9a Chapter 10	Reduce the proportion of Maine adolescents who first used alcohol before age 13	HM 2010 Target 18%	Reduce Adolescents Who First Used Alcohol Before Age 13				
			1997	28.5%			
			2009	20.3%			
		Summary	8.2% Decrease				
26-9b Chapter 10	Reduce the proportion of Maine adolescents who first used marijuana before age 13	HM 2010 Target 10%	Reduce Adolescents Who First Used Marijuana Before Age 13				
			1997	12.3%			
			2009	9.8%			
		Summary	2.5% Decrease		★		
27-2a Chapter 10	Reduce cigarette smoking among Maine adolescents	HM 2010 Target 15%	Reduce Cigarette Smoking Among Maine Adolescents				
			1993	32.6%			
			2009	18.1%			
		Summary	14.5% Decrease				
27-2b Chapter 10	Reduce the proportion of Maine adolescents who smoked a whole cigarette for the first time before age 13	HM 2010 Target 12%	Reduce Adolescents Smoking a Whole Cigarette Before Age 13				
			1997	30.2%			
			2009	12.1%			
		Summary	18.1% Decrease				
27-1 Chapter 10	Reduce tobacco use by adults	HM 2010 Target 19%	Reduce Tobacco Use by Adults				
			1990	27.0%			
			2009	17.3%			
		Summary	9.7% Decrease		★		

Green indicates progress toward Healthy Maine 2010 goal; red indicates regression from goal. Red star indicates achievement of the Healthy Maine 2010 goal.

## Healthy Maine 2010 Report Card

27-6a Chapter 10	Increase the proportion of Maine pregnant women who did <u>NOT</u> smoke during the last three months of pregnancy	HM 2010 Target 95%	<b>Increase Pregnant Women Who Didn't Smoke Last 3 Mos. Of Pregnancy</b>		
			1990	75.7%	
			2009	80.5%	
			<b>Summary</b>	<b>4.8% Increase</b>	
27-6b Chapter 10	Reduce proportion of low income pregnant women who smoked during the last three months of pregnancy	HM 2010 Target 20%	<b>Decrease Low Income Pregnant Women Smoking Last 3 Mos. Of Pregnancy</b>		
			1990	43.3%	
			2008	32.7%	
			<b>Summary</b>	<b>10.6% Decrease</b>	

Green indicates progress toward Healthy Maine 2010 goal; red indicates regression from goal. Red star indicates achievement of the Healthy Maine 2010 goal.