



Statewide Coordinating Council for Public Health District Project Update

Public Health
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Template updated 03/2023

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| District: Aroostook | Date: December 11, 2023 |
| <p>Agendas and minutes available on district's webpage: 11/01/23 APHC Quarterly Meeting: Council Education Topic: Overview of Aroostook Community Health Improvement Partnership (ACHIP) planning grant & resource-based decision making activity Guest Presenter: Kathryn Harnish, Manager, Special Projects, Aroostook Agency on Aging</p> <p>➤ Dates of note in Aroostook District:</p> <ul style="list-style-type: none"> • Next DCC Meeting: 2/07/24 • Next APHC Emergency Planning Meeting: 1/04/24 <p>Ongoing or upcoming Public Health Council projects or priority issues:</p> <p>➤ Health Equity Emergency Preparedness Funding</p> <ul style="list-style-type: none"> ➤ APHC review committee chose the grantee for project. Northern Light AR Gould Hospital awarded funding for purchase of Ultraviolet Germicidal Lights for deployment in hospital, ambulance bays, and long-term care facility. MOU for resource sharing. <p>Ongoing or upcoming District projects or priority issues:</p> <p>➤ increasing awareness of local partners with contracts to conduct Narcan training and provide supplies to local organizations</p> <p>➤ Creation and maintenance of monthly public health topics bulletin board at the Caribou DHHS office to create more awareness surrounding important public health topics as well as what the public health unit does.</p> <p>In-district or multi-district collaborations:</p> <p>➤ EP / Pandemic planning with AKEMA</p> | |
| <p>** Division of Disease Surveillance; Infectious Disease Epidemiology; Infectious Disease Prevention, Maine Immunization Program</p> | |
| <p>Ongoing or upcoming District projects or priority issues:</p> <p>➤ HANs 8/29/2023: Locally Acquired Malaria Cases</p> <p>➤ HANs 9/7/2023: Recommendations for Diagnosing and Testing for Vibriosis</p> | |

District Name: Aroostook

**** Indicates the presence of Maine CDC Field Staff assigned to the District Public Health Unit**

22 M.R.S. §412 (2011).

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| Disease reporting Contact Information: Phone: 1 - 800 - 821 - 5821 (24 hours a day) |
| ** Division of Public Health Nursing |
| <p>Ongoing or upcoming District projects or priority issues:</p> <ul style="list-style-type: none"> ➤ Partnering with Job Corps to do monthly reproductive health presentations also new discussions regarding work with pre-natal students. ➤ New Public Health Nurse in Houlton anticipated start date in December. ➤ Increasing CradleME outreach efforts ➤ Supported MSAD #1 influenza vaccination clinics. |
| ** Division of Environmental and Community Health: Drinking Water Program, Health Inspection Program, Radiation Control Program, Environmental and Occupational Health Program |
| <p>Ongoing or upcoming District projects or priority issues:</p> <ul style="list-style-type: none"> ➤ Karen Jacobs, Aroostook Health Inspector, has taken a position in Midcoast. Currently recruiting for this position. |
| Division of Disease Prevention: Maternal Child Health Program, Chronic Disease Prevention, Tobacco & Substance Use Prevention and Control, Women, Infants and Children |
| <p>Ongoing or upcoming District projects or priority issues:</p> <ul style="list-style-type: none"> ➤ Highlight completed activities conducted by Maine Prevention Network Contractor/ Subcontractors Jul – Sept 2023: <p>Substance Use Prevention:</p> <ul style="list-style-type: none"> • <i>Deterra</i> pouches distributed at Acme Monaco Health Fair and ACAP Back to School Bash (75 units) • 8/14/23 two (2) units of Lion’s Quest curriculum taught at ACAP main office to youth between the ages of 15 and 18 years • Alcohol mailing sent to alcohol retailers in Aroostook County (119 retailers). The mailing included an introduction letter, <i>Alcohol Age of Purchase</i> calendar, <i>Questions to Ask before Selling</i> leaflet, <i>Under 30?</i> poster, and the <i>Alcohol Pricing and Promotions – applicable liquor laws</i> handout. • Prime for Life presentation conducted at Aroostook County Jail (6 occasions) • Aroostook Prevention Resource Guide disseminated at the Soup Kitchen • Medication lock storage boxes, gun locks, sharps containers, and materials on safe medication storage distributed at Aroostook Agency on Aging Document shredding event. <p>Chronic Disease Prevention HEAL:</p> <ul style="list-style-type: none"> • MPN HEAL coordinator is developing a mini grant opportunity for the Malcolm Science Center located in Easton. The program is looking for help with trail development and care, identifying gaps and needs for the populations they serve. |

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- MPN HEAL Coordinator has worked with ACAP IT to develop health promotion materials to support increasing water consumption through an innovative interactive program. To date these have been requested for two community events.
- MPN HEAL coordinator disseminated additional resources to support UMFK Nursing students this month These will be offered to 450 students at a Pediatric Health Fair.
- MPN HEAL Coordinator provided coordination and support for 4 ECE staff to attend professional development PAN related trainings from Let's Go
- MPN HEAL Coordinator attended a Limestone School Parent/Teacher Conferences Event to Promote Hiking Rack Cards & ACAP Services for families. Of the 30 families in attendance 20 received resources.

Maine CDC Administration: CDC Operations, Medical Epidemiology, Communications, Office of Health Equity

Health and Environmental Testing Laboratory

Ongoing or upcoming District projects or priority issues:

➤ **None to report at this time**

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Statewide Coordinating Council for Public Health District Coordinating Council Update

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|---|--------------------------------|
| District: Central | Date: December 14, 2023 |
| <p>Brief review of decisions and outcomes from Executive Committee and DCC meetings held since last SCC meeting. For agendas and copies of minutes, please see district’s website at: http://www.maine.gov/dhhs/boh/olph/lphd/index.shtml This quarter, the District Coordinating Council (DCC) met on October 26 at Snow Pond Center for the Arts, where we first heard an SCC update from our district SCC representative, then an infectious disease update from our district Field Epidemiologist; plus progress on our district health equity funding opportunity and with the district workgroups. The rest of the meeting was spent with Pat Kimball, Chair of the Maine Recovery Council, presenting on the Recovery Council’s work and plans to distribute state opioid settlement funds, and getting input from the group.</p> | |
| <p>Ongoing or upcoming projects or priority issues: District Health Equity funding disbursement, Hepatitis A prevention outreach, rabies, avian influenza; browntail moth; R-CHIP assistance with readiness and municipal priority assessment, PFAS and lead testing and remediation assistance, increasing housing and utility needs, DCC membership updates; Community Health Improvement Plan information and support; PPE and testing supplies navigation; vaccination clinic, appointment, and transportation assistance; assistance for and connection to organizations providing basic needs and resources, new LHO assistance.</p> | |
| <p>Progress with District Public Health Improvement Plan (DPHIP): <i>Activities planned for completion during the quarter and whether activities are able to be completed on schedule</i></p> <ul style="list-style-type: none"> ▶ Use Central District Public Health Unit updates to communicate important information to DCC, LHOs, chief municipal officials, and partners -- ongoing task. ▶ Vaccination Coordination Workgroup has met monthly to address district needs and coordinate efforts ▶ The PCEs-Resilience Workgroup members are working on school and community supports for trauma and recovery, evaluating available tools, and collaborating on training <p><i>Successes achieved</i></p> <ul style="list-style-type: none"> ▶ Input given on Maine Recovery Council Opioid Settlement funding disbursement planning and needs ▶ District Health Equity funding awarded to Winslow Community Cupboard for expansion <p><i>Barriers encountered</i></p> <ul style="list-style-type: none"> ▶ Large amount of turnover in staffing at many organizations, and reduction in staff able to help with collaborative public health efforts ▶ End of financial supports due to federal funding running out | |
| <p>Structural and Operational changes, including updates in membership: added new Spectrum Generations Community Services Manager and additional Winslow Community Cupboard staff. Contractor has decided to keep Maine Prevention Network (MPN) Contract Advisory Board/Coalition separate from the DCC.</p> | |
| <p>In-district or multi-district collaborations: Rural Community Health Improvement Partnership (R-CHIP) grant awarded to Spectrum Generations; COVID-19 and Influenza vaccination and testing information and assistance; prevention/basic needs assistance for organizations serving vulnerable populations; EMS service and non-profit organization testing assistance; transportation assistance; HRSA grant collaborations; Avian Influenza, PFAS, rabies, and browntail moth information and workshops.</p> | |
| <p>Other topics of interest for SCC members: Pressing district needs right now for affordable housing, including recovery/supported housing, heating/utility assistance, and transportation services; along with respiratory illness prevention and supports for essential workers and their families.</p> | |

In addition, this report was sent to us about the Maine Prevention Network (MPN) Contract Healthy Eating Active Living (HEAL) work accomplished during this quarter by the Maine CDC/DHHS Obesity Program Manager:

Division of Disease Prevention: Chronic Disease Prevention HEAL Updates

| Central Public Health District |
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| <p>Ongoing or upcoming District projects or priority issues:</p> <ul style="list-style-type: none"> ➤ Highlight completed activities conducted by Maine Prevention Network Contractor/ Subcontractors during September- November 2023: <ul style="list-style-type: none"> • In collaboration with US CDC’s DNPAO (Division of Nutrition, Physical Activity and Obesity) Strategic Communication Team, the central District shared monthly messaging on social media. Posts centered around healthy eating, indoor walking initiatives, breastfeeding education, Breast Cancer Awareness Month, StoryWalk trail updates, event updates, and more. HCCA’s (Healthy Communities of the Capital Area) 24 Facebook posts had a reach of over 1823, with the top performing post reaching 424 users. HCCA’s 12 Instagram posts had a reach of over 190 users, with the top performing post reaching 28 users. SPH’s (Somerset Public Health) 30 messages reached nearly 3,500. Additionally, their walking initiative posts received a reach of 6,000 on social media and 1,000 through the Redington Fairview General Hospital’s Employee Newsletter. • Indoor walking and physical activity initiatives were implemented throughout the Central District. 10 Indoor Walking locations were confirmed in Somerset County from October 28, 2023 through March 29, 2024. HCCA established Manchester Elementary School as a Move More Kids 100 Mile Club site in partnership with RSU 38’s elementary schools gym teacher. Additionally, they are partnering with the Maine General Community Health team to expand the program to the Northern Kennebec area. • HCCA MPN team has been promoting and implementing Storywalk Initiatives. Current partnerships include Augusta Adult Education and the Kennebec County Youth Advisory Board. • HCCA MPN HEAL staff created a data sharing system for school partners. This link will be shared to schools and regularly updated by all HCCA staff to promote programs in a more efficient way. This is now shared with 3 schools in Kennebec County to disseminate information. • At SPH, 50 lbs. of fresh and frozen squash and eggplant were successfully delivered to Madison Elementary School as part of the school system’s work and partnership between the Somerset County Jail and Madison Elementary School. • SPH facilitated monthly school nutrition workgroup with school nutrition directors. Completed action plan, and reviewed Smarter Lunchroom objectives to implement in three districts. • The Central District has been actively promoting their breastfeeding initiatives. HCCA HEAL coordinator has partnered with the MaineGeneral Lactation and Northern Light Lactation Teams in Kennebec County to promote breastfeeding education in the community. The SPH team Created and co-facilitated monthly RFGH’s breastfeeding support and education workgroup. Reviewed MPINC (Maternity Practices in Infant Nutrition and Care) results, and created an action plan to assist with discharge support. |

Central District

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12/14/23

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Statewide Coordinating Council for Public Health District Project Update

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|---|-----------------------|
| District: Cumberland | Date: 12/11/23 |
| ** Division of Public Health Systems: District Public Health, Rural Health and Primary Care and Oral Health; PH Emergency Preparedness, Data, Research and Vital Statistics | |
| Agendas and minutes available on district’s webpage: https://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district2/council-main.shtml | |
| <ul style="list-style-type: none"> ➤ Dates of note in Cumberland District: <ul style="list-style-type: none"> ➤ Next DCC Meeting: January 19, 2023 | |
| Ongoing or upcoming Public Health Council projects or priority issues: | |
| <ul style="list-style-type: none"> ➤ DCC Meetings: <ul style="list-style-type: none"> ➤ November 17, 2023 <p>Erica Harris and Georges BudaguMakoko, of the Governor’s Office of Policy, Innovation, and the Future presented on the Office for New Americans, and gathered input for the report they will submit to the Legislature on January 19th, 2024. Maine CDC Director, Dr. Va also delivered comments to the Council, about her priorities for public health. Finally, we reviewed the public health infrastructure, and the role of DCCs in statute and practice.</p> <ul style="list-style-type: none"> ➤ DCC formed a selection committee to review proposals for \$80,400 in health equity funding. Five proposals were reviewed. The proposal from Preble Street, to complete infrastructure updates to their food distribution site, was selected. | |
| Ongoing or upcoming District projects or priority issues: | |
| <ul style="list-style-type: none"> ➤ Cumberland District Public Health completed a series of 4 TB Study Group sessions with local Community Health Workers. PHN attended the sessions to provide expertise on the role of the state in TB control and practices. As a follow-up, DL and three members of PHN attended a peer to peer meeting at Maine Access Immigrant Network (MAIN) and met with French and Lingala speaking community members to talk about TB, answering questions and trying to lower the stigma around the disease. ➤ Cumberland District Public Health has been working closely with Id/Epi around Hepatitis A cases in specific populations. ➤ Cumberland District Public Health held an LHO networking meeting on 12/8/23, with a focus on hoarding disorder | |

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In-district or multi-district collaborations:

- Cumberland District Vaccination Coordination meetings, with DPH, MIP, PHN, healthcare providers, and community partners, have been paused and will be called on an ad-hoc basis. Regular updates will be shared via mailing list.

**** Division of Disease Surveillance;** Infectious Disease Epidemiology; Infectious Disease Prevention, Maine Immunization Program

Ongoing or upcoming District projects or priority issues:

- ID/Epi is responding to on-going Hepatitis A cases
- ID/Epi is working with federal CDC on two recent cases of salmonella
- Cumberland Field Epi is working with the Foodborne Epi and Liz Lamere, Maine CDC Epidemic Intelligence Surveillance officer, to publish a report on the pseudomonas outbreak at an indoor pool in Cumberland District, in the CDC's Morbidity and Mortality Weekly Report. Cumberland District field epi also submitted an abstract with the Vaccine Preventable Diseases epi to the NorthEast Epidemiology Conference in November that was accepted for an oral presentation
- Cumberland District Disease Intervention Specialist reports continued rises in STI rates.
- Cumberland DIS continues to call for sustained education for the public and providers to include syphilis testing in routine health exams, especially for pregnant people.
- Two additional DIS positions were made available – however, one is vacant again
- Since October 2023, 3 Boil Water Orders have been issued in towns in Cumberland County, as a result of presence of E. Coli. One Do Not Drink order was issued since October for a business in Cumberland County.

Disease reporting Contact Information: Phone: 1 - 800 - 821 - 5821 (24 hours a day)

**** Division of Public Health Nursing**

Ongoing or upcoming District projects or priority issues:

- PHN Matthew Simpson, attended the TB Intensive Workshop at Rutgers University in October
- New PHN Supervisor for Cumberland and York, Matthew Cohen has taken up his position
- Team for Cumberland and York is up to 4 PHNs, with PHNs from other districts coming to support, as TB and LTBI caseloads are high – as of the end of November, 25 cases are being treated and supported
- There is a large retro-active effort to track and test people who were possibly exposed to an active TB case in a congregate setting
- Between Maine CDC PHN and contracted partners, there have been 287 maternal child health visits from September through November.
- Reminder from PHN that referrals can be made for prenatal visits too

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**** Division of Environmental and Community Health:** Drinking Water Program, Health Inspection Program, Radiation Control Program, Environmental and Occupational Health Program

Ongoing or upcoming District projects or priority issues:

- Longtime Cumberland District Health Inspector, Joel Demers, has taken the position of Health Inspection Supervisor.
- A new inspector has joined the team, and will cover Naples, Sebago, and Baldwin. This brings the inspections team covering towns in Cumberland up to 6 inspectors. Portland has 2 inspectors, and South Portland has 1, in contracts with the state.
- Villain Arts convention (tattoo artists) is coming back to Portland in February, and inspections team will be there

Division of Disease Prevention: Maternal Child Health Program, Chronic Disease Prevention, Tobacco & Substance Use Prevention and Control, Women, Infants and Children

Ongoing or upcoming District projects or priority issues:

➤ **Highlight completed activities conducted by Maine Prevention Network Contractor/ Subcontractors during October 2023:**

HEAL:

- Cumberland County MPN HEAL lead is providing support for three FoodCorps service members, one each in South Portland, Portland, and Westbrook school districts, in partnership with the Cumberland County Food Security Council.
- Cumberland County MPN HEAL developed materials promoting workplace lactation policy and best practices to use in providing technical assistance to Cumberland County municipalities.
- Cumberland County MPN HEAL lead launched the Food Resources Coalition, a network of state and community-level partners working across community-based organizations, housing, healthcare, advocacy organizations, schools, and charitable food.

Tobacco:

- -Portland Public Health increased youth access to quit tools by completed 4 presentations that include resources on My Life My Quit, an evidence-based resource for youth.
- Portland Public Health supported 4 non-clinical organizations reduce barriers to accessing tobacco treatment by providing printed materials on the Maine QuitLink.
- Mid Coast Hospital supported 1 clinical organization reduce barriers to accessing tobacco treatment by providing printed materials on the Maine QuitLink.

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SUPS:

- Partners report trainings, tabling events, technical assistance, and relationship-building with community counterparts
- Immigrant Health Promotion Specialist stepped down, and this will impact work in SUPS and Tobacco prevention
- Mid-coast Hospital instituted a naloxone distribution program for new parents
- Out Maine held a parents' meeting in Gorham, and is engaging with other schools supporting GSTA groups

Maine CDC Administration: CDC Operations, Medical Epidemiology, Communications, Office of Health Equity

- The OPHE office had a scheduled Regional Communities Forum meeting for 10/26 that was cancelled, and a doodle poll is out to re-schedule.

Health and Environmental Testing Laboratory

Ongoing or upcoming District projects or priority issues:

- N/A

strict Name: Cumberland

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District: Midcoast (Knox, Lincoln, Sagadahoc & Waldo Counties)

Date: December 14th 2023

**** Division of Public Health Systems:** District Public Health, Rural Health and Primary Care and Oral Health; PH Emergency Preparedness, Data, Research and Vital Statistics

Agendas and minutes available on District’s webpage:

<https://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district4/publications.shtml>

➤ Dates of note in the Midcoast District:

- Midcoast Public Health Council (MPHC) Steering Committee Meeting, via Zoom – January 9, 2024
- MPHC Meeting: February 13, 2024, via Zoom, with a look at Maine Resilience Building Network (MRBN).

Ongoing or upcoming Public Health Council projects or priority issues:

- The Midcoast Public Health District (MPHC) has awarded the Public Health Infrastructure Improvement Grant to the County of Lincoln to improve their radio capacity for essential emergency ambulance service communication. The Lincoln County project will target a rural region and improve emergency response by supporting implementation of a dedicated Emergency Medical Services (EMS) radio channel.
- The MPHC meeting held on November 14th, 2023, focused on the Maine Prevention Network (MPN) work occurring within the Midcoast District. Presentations focused on Healthy Eating, Active Living (HEAL) Substance Use and Tobacco Prevention.
- Feedback from the September MPHC meeting revealed that Midcoast District Local Health Officer’s (LHO) benefitted from networking and collaborating in an LHO specific breakout room. The MPHC meeting will continue to offer a breakout room space for LHOs to connect.

Ongoing or upcoming District projects or priority issues:

- MPHC committee work concerning the Council priorities of Social Determinants of Health, Access to Care, and Mental Health continues.

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In-district or multi-district collaborations:

- A small working group has been pulled together in the Midcoast to prepare for the increasing number of requests from New Mainers who are relocating within the four District counties. We are drawing on the experience and expertise from the Cumberland District as part of the planning process.
- Maine CDC staff have completed the Midcoast Local Public Health Systems Assessment (LPHSA). The Report is posted on the Midcoast website - <https://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district4/publications.shtml>
- Several of the Districts' Public Health Educators continue to collaborate on a district wide newsletter process. Drafted SOP's and template approved across districts. The goal of the PHE newsletter will be to provide both a state-wide and district level perspective on public health priorities. PHE's continue to plan for statewide newsletter release in Jan 2024.
- PHE's from Midcoast and Penquis District continue to meet with the Local Health Officer Coordinator Heather Sneff, to create an easily accessible public health digital resource library.

**** Division of Disease Surveillance;** Infectious Disease Epidemiology; Infectious Disease Prevention, Maine Immunization Program

Ongoing or upcoming District projects or priority issues:

- Megan Kelley, our District epidemiologist reports an increase in Pertussis, RSV and Hepatitis A statewide. The first line of defense for reducing risk of these diseases is vaccination. Vaccination information can be found here: <https://www.maine.gov/dhhs/mecdc/infectious-disease/immunization>
Disease reporting Contact Information: Phone: 1 -800 -821 -5821 (24 hours a day)

**** Division of Public Health Nursing**

Ongoing or upcoming District projects or priority issues:

- Public Health Nursing (PHN) Supervisor Brooke Payne reports that Nicole Dotson RN joined the Midcoast District as a full-time Public Health Nurse in September.

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**** Division of Environmental and Community Health:** Drinking Water Program, Health Inspection Program, Radiation Control Program, Environmental and Occupational Health Program

Ongoing or upcoming District projects or priority issues:

- The Midcoast District welcomes Karen Jacobs our new Health Inspector for the Midcoast Region. She comes to us after serving as the Aroostook County Health Inspector.

Division of Disease Prevention: Maternal Child Health Program, Chronic Disease Prevention, Tobacco & Substance Use Prevention and Control, Women, Infants and Children

Ongoing or upcoming District projects or priority issues:

Highlights of completed activities conducted by Maine Prevention Network (MPN) Contractor/Subcontractors during September-November 2023:

- Mid Coast District MPN Healthy Eating and Active Living (HEAL) staff:
 - Are meeting regularly with 2 regional school nutrition workgroups to support work for improving access to healthy nutritious food in 14 school districts within the district.
 - Have been working with their local physical activity coalition and land trusts to promote an Activity Guide map and website as well as other low/no-cost opportunities for physical activity that include hiking and outdoor recreation opportunities.
 - Have been working with Maine State Breast Feeding Coalition (MSBC) and MaineHealth to create and distribute a workplace toolkit for breast/chest feeding parents. Lincoln County MPN HEAL staff along with Mid Coast Hunger Prevention Program and local pantry partners continue to learn about gaps and resources related to food insecurity. Focus continues for identifying barriers to accessing healthy food within the Midcoast district.

District Name: Midcoast

**** Indicates the presence of Maine CDC Field Staff assigned to the District Public Health Unit**

22 M.R.S. §412 (2011).

A. A district coordinating council for public health shall:

- (1) Participate as appropriate in district-level activities to help ensure the state public health system in each district is ready and maintained for accreditation; and
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Statewide Coordinating Council for Public Health District Update

Public Health
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- Midcoast Substance Use Prevention Activities:
 - Mid Coast Hospital: September was a busy month for SUPS staff at MCH, especially as attendance at back-to-school events in our local school districts were in high demand. We attended both middle and high school open houses at Mt. Ararat, Richmond, and More school districts. Staff also attended learning opportunities with MYAN, webinars regarding various substance related topics, and community events and coalition meetings that allowed for networking.
 - Health Lincoln County (HLC): HLC’s focus in September was the return to school and working with educators to plan and schedule primary prevention education in middle and high schools in Lincoln County. We kicked off the month with a film screening at the Lincoln Theater and the wrap up of our International Overdose Awareness Day event, 716 Candles. Post-event cleanup and preparation for an October 11th Community Debriefing for 716 Candles were required after the event. Planning meetings were held with educators from Lincoln Academy, Medomak Valley High School, Medomak Middle School, Wiscasset Elementary School (5th & 6th grade), South Bristol School, Great Salt Bay School, Boothbay High School, CLC YMCA, and Bridging Education. We resumed our Parent Newsletter Partnership with Lincoln Academy and continued our efforts to raise awareness around Narcan availability and training. As we turned toward October, we began planning our promotional campaign for National Drug Take Back Day.
 - OUT Maine: OUT Maine is developing systems to deliver content and best meet the needs of the communities we are working in. By partnering with the Midcoast we will be able to cater our work to those specific needs in each community. The OUT Maine programming team is looking forward to working with the Midcoast to host parent/family events and to support schools and other youth serving orgs in the Midcoast in adopting recommendations from the Best Practices guide.
- District Public Health Staff received a presentation from Epidemiologist Kate Colby from the TB Control Program which provides statewide surveillance and treatment.

Maine CDC Administration: CDC Operations, Medical Epidemiology, Communications, Office of Health Equity Health and Environmental Testing Laboratory

District Name: Midcoast

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Statewide Coordinating Council for Public Health District Update

Public Health
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Ongoing or upcoming District projects or priority issues:

- Midcoast District DL and PHE met with the District Public Health Infrastructure Improvement grant awardee (County of Lincoln) and the grant's fiscal agent (MCD Global) in November, with plans for monthly meetings until project completion.

District Name: Midcoast

5

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22 M.R.S. §412 (2011).

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Statewide Coordinating Council for Public Health District Project Update

Public Health
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Template updated 03/2023

| | |
|---|-------------------------|
| District: Penquis | Date: 12/14/2023 |
| ** Division of Public Health Systems: District Public Health, Rural Health and Primary Care and Oral Health; PH Emergency Preparedness, Data, Research and Vital Statistics | |
| <p><u>The Penquis Public Health Council:</u></p> <ul style="list-style-type: none"> ➤ Held a meeting via Zoom on December 1st, 2023, from 9:00 am to 11:00 am. The agenda included various presentations and discussions: <p><u>Highlights:</u></p> <ul style="list-style-type: none"> • Jennifer Laferte-Carlson was unanimously voted in as the new council chair. • Emergency Preparedness Urban & Rural: Detailed presentations by Thomas Higgins, City of Bangor Emergency Management, and Jaeme Duggan, Director EMA from Piscataquis County Emergency Management Agency on emergency preparedness activities, focusing on both urban and rural perspectives. Discussions covered strategies, challenges, and adaptations specific to different settings. • Disaster Behavioral Health: Megan Salois presented data updates from Maine CDC on responder health and wellness, along with information on available resources and surveys. • The council covered crucial topics, from emergency planning to health equity funding, fostering collaborative efforts among different agencies to address public health challenges in urban and rural settings. • Next DCC Meeting: Friday, March 8th, 2024, ~ 9:00am – 11:00am (Zoom) <p>Ongoing or upcoming Public Health Council projects or priority issues:</p> <ul style="list-style-type: none"> ➤ Support Tobacco Innovation Fund discussion/project ➤ Health Equity Funding Grant <p>Ongoing or upcoming District projects or priority issues:</p> <ul style="list-style-type: none"> ➤ Health Equity Grant Project- EMMC Virtual Reality Training Simulator for staff training <p>In-district or multi-district collaborations:</p> <ul style="list-style-type: none"> ➤ Shared Community Health Needs Assessment Planning | |

strict Name: Aroostook

**** Indicates the presence of Maine CDC Field Staff assigned to the District Public Health Unit**

22 M.R.S. §412 (2011).

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Statewide Coordinating Council for Public Health District Project Update

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**** Division of Disease Surveillance;** Infectious Disease Epidemiology; Infectious Disease Prevention, Maine Immunization Program

Ongoing or upcoming District projects or priority issues:

- During the Penobscot Parenting Expo, hosted by Maine CDC Public Health Nursing, Health Educator worked in collaboration with Epi, to showcase an array of educational resources on handwashing including bookmarks, stickers, an educational sequencing activity, and impactful visual aids aimed at enhancing parental knowledge and engagement.

**** Division of Public Health Nursing**

Ongoing or upcoming District projects or priority issues:

- Each day our nurses are out in our communities caring for people across the lifespan. Our goal is to continue to improve and be adequately equipped and prepared to provide service to the people and communities.
- Through the fall we have attended several conferences and trainings to inform our work and expand our skillset. These trainings include Poverty 101 by Donna Beegle, Plan of Safe Care training, Vaccinations for Children, a two-day intensive training on Perinatal Mood Disorders, Assessing Basic Needs, Psychological First Aid, Tobacco Treatment Intensive skills, and Parenting Services Supports in Maine, Domestic Abuse and Violence training. Our team of six nurses also hold certifications as Child Passenger Safety Technician’s and Lactation Counselors.
- Collaborated with several of our partners in Penobscot County to offer the first Penobscot Parenting Expo, that allowed over 28 organizations to come together to offer services to better serve our communities. Our team is continuously expanding to meet the needs of the communities in our counties.

**** Division of Environmental and Community Health:** Drinking Water Program, Health Inspection Program, Radiation Control Program, Environmental and Occupational Health Program

Ongoing or upcoming District projects or priority issues:

Health Inspections Program (HIP):

- HIP quarterly staff meeting December 21 & 22.
- HIP webinar overview for Local Health Officer’s January 10, 2024
- HIP to provide education and assistance at the 2024 Maine Ag Trades Show Agritourism Summit.
- HIP staff to attend EPI Ready course for outbreak investigations February 14 & 15, 2024.

Drinking Water Program:

- The definition of PFast has changed for allowable amounts from 20 parts per trillion to 4 parts per trillion. Our district has several drinking water systems (daycare) undergoing treatment given these updates standards. The quantifiable about is two parts per trillion.

strict Name: Aroostook

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22 M.R.S. §412 (2011).

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Statewide Coordinating Council for Public Health District Project Update

Public Health
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- Rural Water Conference held on 12-6-23 at the Cross-Center Annual. There was a significant networking opportunity with continuing education credits offered for treatment and distribution. Discussions centered on changes in school regulations, corrosion control treatments, plumbing replacements, and available federal funding. The conference also covered P-Fast removable technology and case studies on challenges related to toxic substances. Notably, the course "Do You Need More Water?" provided insights into PFAS contamination in Maine's public water systems, addressing sampling techniques, compliance testing results, proposed EPA rules, treatment options, funding avenues, and available resources for managing contamination.

Division of Disease Prevention: Maternal Child Health Program, Chronic Disease Prevention, Tobacco & Substance Use Prevention and Control, Women, Infants and Children

Ongoing or upcoming District projects or priority issues:

- **Highlight completed activities conducted by Maine Prevention Network Contractor/ Subcontractors:**

Maine Prevention Network Contractor:

- Jamie Comstock and Patty Hamilton from Bangor Public Health convened on December 5th with project to explore an innovative approach using Tobacco Innovation Funds using aps to bolster coping mechanisms and mitigating risk factors tied to tobacco cessation. Their focus rested on aiding higher-risk demographics, such as the LGBTQ+ community, employing surveys aimed at discerning efficacy, especially among teens and adolescents. This will target approximately ten schools in the district (could adjust based on readiness, size, willingness etc.). They expressed a readiness to respectfully withdraw if the project did not garner approval by December 8th.

Maine Prevention Network (MPN) Healthy Eating and Active Living (HEAL):

- Established Physical Activity Clubs at Katahdin Elementary in Penobscot County and Piscataquis Secondary School. Notably, 7 students at Katahdin and 90 at Piscataquis Community Secondary covered at least 5 miles, with the top achiever hitting 22 miles.
- Sedomocha's after-school program sustained its Physical Activity Club, with 16 students completing at least 5 miles, and the top performer reaching 10 miles.
- The Penobscot County Maine Prevention Network (MPN) Healthy Eating and Active Living (HEAL) Coordinator collaborated on a toolkit, "Returning to Work: Resources for the Breastfeeding/Chestfeeding Parent," for the Maine State Breastfeeding Coalition, set for release next year.
- A Free Produce Pop-Up Market, with partners Good Shepard Food Bank and Piscataquis Regional Food Center, distributed 1,000lbs of fresh produce at Northern Light Mayo Hospital to staff and locals.

strict Name: Aroostook

**** Indicates the presence of Maine CDC Field Staff assigned to the District Public Health Unit**

22 M.R.S. §412 (2011).

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Statewide Coordinating Council for Public Health District Project Update

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- The Highland Area Gleaners gathered 460 lbs of potatoes at Rogers Farm in Old Town, distributing them to organizations supporting Piscataquis County.
- The Piscataquis County Maine Prevention Network (MPN) Healthy Eating and Active Living (HEAL) coordinator helped set up a new food pantry at Penquis Valley Schools by linking them with the Good Shepherd Food Bank.
- Maine Prevention Network (MPN) Healthy Eating and Active Living (HEAL) staff from Piscataquis and Penobscot Counties organized a meeting with reps from three school districts (RSU 22, RSU 68, and AOS 94) to promote healthy eating initiatives like school meals and Farm and Sea to School programs.

Maine CDC Administration: CDC Operations, Medical Epidemiology, Communications, Office of Health Equity

- On-going collaboration for reaccreditation

Ongoing or upcoming District projects or priority issues:

- Lack of housing

strict Name: Aroostook

4

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22 M.R.S. §412 (2011).

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Public Health
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Statewide Coordinating Council for Public Health District Project Update

| | |
|---|-----------------------|
| District: Western District | Date: 12/14/23 |
| ** Division of Public Health Systems: District Public Health, Rural Health and Primary Care and Oral Health; PH Emergency Preparedness, Data, Research and Vital Statistics | |
| <p>Agendas and minutes available on district's webpage.</p> <p>➤ Dates of note in Western District:</p> <ul style="list-style-type: none"> • Next DCC Meeting: January 30, 2024 9am-11am <p>Ongoing or upcoming Public Health Council projects or priority issues:</p> <ul style="list-style-type: none"> ➤ Continued education/speaking opportunities for community partners. ➤ Continued outreach and growing membership. <p>Ongoing or upcoming District projects or priority issues:</p> <ul style="list-style-type: none"> ➤ Working with entire public health unit to identify district needs. <p>In-district or multi-district collaborations:</p> <ul style="list-style-type: none"> ➤ Infrastructure grant awarded to community partner. Working with MCD and partner to monitor project's progress through 2024. | |
| ** Division of Disease Surveillance; Infectious Disease Epidemiology; Infectious Disease Prevention, Maine Immunization Program | |
| <p>Ongoing or upcoming District projects or priority issues:</p> <p>Epidemiology:</p> <ul style="list-style-type: none"> ➤ Bird tested positive for West Nile Virus in Oxford County (Waterford). The local health officer for the town was alerted and educational materials regarding mosquito and tick bite prevention were sent to the town. At this point in the year, we aren't really concerned about mosquito-borne disease, but it will be something to think about as temperatures start to warm up next spring. ➤ Androscoggin county has seen increased numbers of hepatitis A cases in the second half of the year. We have been working with area partners including Hannaford and the PHN team to provide vaccine. We have also recently met with representatives from a few of the homeless shelters to provide information and education to staff that can be passed on to guests/clients. <p>IDP:</p> <ul style="list-style-type: none"> ➤ High rates of chlamydia, gonorrhea, and syphilis in Androscoggin County. | |

District Name: Western

**** Indicates the presence of Maine CDC Field Staff assigned to the District Public Health Unit**

22 M.R.S. §412 (2011).

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Statewide Coordinating Council for Public Health District Project Update

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- Poverty/rurality are endemic. As long as a person has transportation, they can access care treatment for HIV/STD and have SSPs access.
- There aren't many service locations for free or reduced cost health care in these counties, so people need to travel and without transportation treatment is delayed or not happening.
- Western is below-average for viral suppression (84%)

Disease reporting Contact Information: Phone: 1 - 800 - 821 - 5821 (24 hours a day)

**** Division of Public Health Nursing**

Ongoing or upcoming District projects or priority issues:

- PHN's dedicated efforts persist in addressing the rising number of active tuberculosis cases and the associated contact investigations.
- New Public Health Nurse to our district and are actively working to fill any remaining vacancies.
- Maternal and Child Health (MCH) nurses have recently completed PSI training, enhancing their capacity to recognize and facilitate outreach for prenatal and postpartum mothers in seeking mental health supports, and as always, we are helping children of Maine in obtaining their school required vaccines with little to no barriers.

**** Division of Environmental and Community Health:** Drinking Water Program, Health Inspection Program, Radiation Control Program, Environmental and Occupational Health Program

Ongoing or upcoming District projects or priority issues:

- HIP quarterly staff meeting December 21 & 22.
- HIP webinar overview for Local Health Officer's January 10, 2024
- HIP to provide education and assistance at the 2024 Maine Ag Trades Show Agritourism Summit.
- HIP staff to attend EPI Ready course for outbreak investigations February 14 & 15, 2024.
- Drinking Water: The definition of PFast has changed for allowable amounts from 20 parts per trillion to 4 parts per trillion. Our district has several drinking water systems (daycare) undergoing treatment given these updates standards.

Division of Disease Prevention: Maternal Child Health Program, Chronic Disease Prevention, Tobacco & Substance Use Prevention and Control, Women, Infants and Children

Ongoing or upcoming District projects or priority issues:

- [Updates from District 3 MPN Team](#)

District Name: Western

2

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Statewide Coordinating Council for Public Health District Project Update

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Maine CDC Administration: CDC Operations, Medical Epidemiology, Communications, Office of Health Equity

Health and Environmental Testing Laboratory

Ongoing or upcoming District projects or priority issues:

- Maine CDC is proceeding with the re-accreditation process with submission to the Public Health Accreditation Board (PHAB) in 2024.

District Name: Western

3

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22 M.R.S. §412 (2011).

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Statewide Coordinating Council for Public Health District Project Update

Public Health
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Template updated 03/2023

| | |
|---|-------------------------|
| District: York Public Health District | Date: 12/14/2023 |
| ** Division of Public Health Systems: District Public Health, Rural Health and Primary Care and Oral Health; PH Emergency Preparedness, Data, Research and Vital Statistics | |
| <p>Agendas and minutes available on district's webpage:</p> <p>https://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district1/council-main.shtml</p> <p>➤ Dates of note in York District:</p> <ul style="list-style-type: none"> • Next DCC Meeting: 12-13-2023 • This meeting will focus on updates from the Substance Use Programs, and a presentation from Mainspring about the new program they are creating. • https://www.mainspringcollective.org/ • Fair Tide and Footprints Food Pantry are the foundation of the Mainspring initiative. These two local nonprofits are joining forces to establish this collective partnership of agencies and shepherd the development of the new facility. These founding partners will relocate to the Mainspring building, enhancing their capacity and magnifying their impact on the individuals they serve. The Mainspring facility will be home to Footprint's new and improved market-model food pantry. The building will also contain Fair Tide's affordable housing programs, case management services, and their flourishing thrift store. While food and shelter are two of our most basic human needs, there are many other prerequisites to a healthy and thriving life. In addition to Footprints and Fair Tide's offerings, Mainspring will provide direct access to a variety of other programs and services to ensure the whole person and family are supported. <p>Ongoing or upcoming Public Health Council projects or priority issues:</p> <p>➤ The district has been working to finalize the Local Public Health Systems Assessment (LPHSA). The LPHSA will then be utilized to help plan future activities.</p> <p>Ongoing or upcoming District projects or priority issues:</p> <p>➤ The District Coordinating Council partnered with Maine Center for Disease Control to help with the evaluation or applications for \$80,000 in funding. Maine Center for Disease Control and the Council were happy to select Mainspring as the recipient of the funds. Mainspring brings several nonprofit partners under one roof to offer a variety of programs and services in one centralized location. This research-based model fundamentally improves the way in which we support our neighbors while also benefiting partner agencies and lifting up our community.</p> | |

strict Name: Aroostook

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Statewide Coordinating Council for Public Health District Project Update

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<https://www.mainspringcollective.org/>

In-district or multi-district collaborations:

Public Health Unit: The District Liaison continues to coordinate the public health unit quarterly meetings to discuss ongoing projects and current issues to ensure coloration when appropriate.

**** Division of Disease Surveillance;** Infectious Disease Epidemiology; Infectious Disease Prevention, Maine Immunization Program

Ongoing or upcoming District projects or priority issues:

1. <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/publications/index.shtml>
 - a. The section on Annual Reports breaks down disease surveillance by county, York included.
2. <https://www.maine.gov/dhhs/mecdc/newhan.shtml>
 - a. Every HAN we send out is a direct link to every major pre/post investigations/outbreaks we engage in.
3. Currently we are seeing a slight increase in Hepatitis A in York County. There has also been an uptick in Pertussis, which is normal for the area during this time of the year

<https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/>

Disease reporting Contact Information: Phone: 1 - 800 - 821 - 5821 (24 hours a day)

**** Division of Public Health Nursing**

Ongoing or upcoming District projects or priority issues:

➤ The Maine Public Health Nursing Program continues to add staff who provide essential services in Maine communities. In October and early November, new hires in Augusta, Portland, Rockland, and Bangor increased the statewide number of Public Health Nurses to 31 and total program staff to 40.

Maine CDC Public Health Nursing: 207-287-4112

strict Name: Aroostook

2

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Statewide Coordinating Council for Public Health District Project Update

**** Division of Environmental and Community Health:** Drinking Water Program, Health Inspection Program, Radiation Control Program, Environmental and Occupational Health Program

Ongoing or upcoming District projects or priority issues:

- **Maine CDC Drinking Water Program (DWP)** works to ensure safe drinking water in Maine, to protect public health, by administering and enforcing drinking water and subsurface wastewater regulations, providing education and technical and financial assistance. Hours: Monday-Friday, 8am-5pm
- **NEWS: Lead & Copper Rule Revision/Lead Service Line Inventories:** All Community and Non-transient, Non-community (NTNC) public water systems must develop and submit a comprehensive and accurate inventory of every service line in their distribution system, regardless of whether any lead is present. Inventories must be completed by October 16, 2024. Lead Service Line Inventory templates are now available for download. The DWP encourages all applicable PWS to begin work on their Service Line Inventories as soon as possible.
- Voice: (207) 287-2070
- Emergency: (207) 557-4214
- TTY: Maine relay 711
- **Health Inspection Program:** The Health Inspection Program exists to provide licensing and inspection services for several different types of businesses to protect the public health. These businesses include restaurants, lodging, campgrounds, youth camps, public swimming pools and spas, tattooists, micropigmentation, body piercing, electrolysis, school cafeterias, and mass gatherings. To file a complaint, report a foodborne illness, or inquire about a Health Inspection Program-licensed establishment, please call our main number at 207-287-5671 during business hours. Our offices are open Monday through Friday from 8am-5pm excluding holidays. For emergency after hours calls, please call **1-800-821-5821**.

Division of Disease Prevention: Maternal Child Health Program, Chronic Disease Prevention, Tobacco & Substance Use Prevention and Control, Women, Infants and Children

Ongoing or upcoming District projects or priority issues:

➤ **Highlight completed activities conducted by Maine Prevention Network Contractor/ Subcontractors during April 2023:**

Maternal and Child Health Program: For over 75 years, the Federal Title V Maternal and Child Health Program has provided States with funding to ensuring the health of the Nation's mothers, women, children and youth, including children with special health care needs, and their families. The Title V Maternal and Child Health Block Grant (MCHBG) supports work in Maine including the following programs.

istrict Name: Aroostook

**** Indicates the presence of Maine CDC Field Staff assigned to the District Public Health Unit**

22 M.R.S. §412 (2011).

A. A district coordinating council for public health shall:

- (1) Participate as appropriate in district-level activities to help ensure the state public health system in each district is ready and maintained for accreditation; and
- (4) Ensure that the essential public health services and resources are provided for in each district in the most efficient, effective, and evidence-based manner possible.

A-1. The tribal district coordinating council shall:

- (1) Participate as appropriate in department district-level activities to help ensure the tribal public health system in the tribal district is ready and maintained for tribal public health accreditation; and
- (2) Ensure that the national goals and strategies for health in tribal lands and the tribal district health goals and strategies are aligned and that tribal district health goals and strategies are appropriately tailored for each tribe and tribal health department or health clinic



Statewide Coordinating Council for Public Health District Project Update

Public Health
Prevent. Promote. Protect.

Maine CDC Children with Special Health Needs

Birth Defects Program

Cleft Lip & Palate Program

Partners in Care Coordination

Newborn Hearing Program

Genetics Program

Newborn Bloodspot Screening Program

Maternal, Fetal & Infant Mortality Review

Perinatal Health

Other Maine CDC Programs serving women, mothers and children and receiving support from the MCHBG and matching funds.

Women’s Health

Adolescent and School Health

Public Health Nursing

Injury and Suicide Prevention

Oral Health

Substance Use Prevention: The Prevention Team is committed to preventing and reducing substance abuse and mental illness and related problems by providing leadership, education and support to communities and institutions throughout Maine. The team works to ensure that Mainers can avoid both the personal and societal costs of substance abuse and mental illness. In collaboration with Maine Prevention Services initiative, Drug Free Community Coalitions, communities, consumers, and a variety of organizations in the state, the Prevention Team provides funding, technical assistance, data, and training and develops materials and resources to educate the residents of Maine. Wellness is the foundation of a healthy, long, and productive life, and is core to the work of prevention services.

Prevention Plus Wellness has been purchased for York County schools and partners. Staff are getting trained. In southern York County three health teachers have requested it (Marshwood – elementary and middle school, York Middle School. Also, Marshwood held a professional development day for their High School Health teachers in a program called Towards No Drugs. CTBH staff were there to offered resources and on-going TA.

Ongoing or upcoming District projects or priority issues:

Maine CDC Administration: CDC Operations, Medical Epidemiology, Communications, Office of Health Equity

Health and Environmental Testing Laboratory

strict Name: Aroostook

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Statewide Coordinating Council for Public Health District Project Update

Public Health
Prevent. Promote. Protect.

Ongoing or upcoming District projects or priority issues:

The goals of the Health and Environmental Testing Laboratory are to isolate, identify, analyze and monitor any biological, chemical, or radiological hazards which are capable of causing harm. We will assist other agencies in the prevention, treatment, and control of such hazards which threaten the community or environment. These essential services shall be provided cost effectively through a fee schedule established with the flexibility of making them available regardless of the public's ability to pay. Other roles include consultation with other agencies on state policy development and the quality assurance oversight of services provided by the public and private sectors.

Maine Health and Environmental Testing Laboratory (HETL)

Central Office:

221 State St., Augusta, Maine 04333

Telephone:

207-287-2727

istrict Name: Aroostook

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