

# **Breakfast Sandwich**

Type of Dish: breakfast entrée

SERVING SIZE: 1 sandwich

YIELD: 10 servings

MEAL PATTERN CONTRIBUTION: 2 oz eq grain, 3 oz eq m/ma

## **Ingredients and Instructions**

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<b>English Muffin, Whole Grain</b>	<b>10 Each</b>
<b>Eggs, Whole</b>	<b>10 Each</b>
<b>Cheese, Sliced</b>	<b>10 – 1 oz slices</b>
<b>Sausage (optional)</b>	<b>10 patties</b>

- 1. Lay out the bottom halves of the English muffins on a sheet pan.**
- 2. Fry eggs, if using sausage be sure to cook to an internal temp of 165°F**
- 3. Assemble sandwiches: sausage (if using), egg, cheese and finally the top half of the English muffin.**
- 4. Wrap in foil wrapper and hold at a minimum of 135°F until service.**