

# Cheeseburger Soup

Servings: 20

Serving Size: 6 oz

Meal Patter Contribution: 2 oz eq M/MA

2 lbs Ground Beef\*  
6.5 oz Butter  
½ cup Diced Onions  
1 cup Flour  
3 ¼ quarts Milk, warmed  
1 Tbsp Beef Base\*\*  
¾ tsp Black Pepper  
8 oz Shredded Cheddar Cheese  
10 oz Cheddar Cheese Sauce

1. In a large saucepan over medium heat, cook and crumble beef, drain and set aside.
2. In a large pot on medium high heat melt butter.
3. Add onions and sauté until translucent, then incorporate the flour to make a roux.
4. Add warmed milk, beef base and seasoning to onion roux and simmer for 10-15 minutes.
5. When it has begun to thicken, add the ground beef, cheese sauce and yellow cheddar. Check the seasoning

Note: When serving you can put a dish of chopped tomatoes on the side for a topping.

\*Can substitute beef crumbles

\*\*Can substitute 1 beef bouillon per tablespoon

