Grade 5 Life and Career Ready Standards	
Strand A	Self-Knowledge and Life Skills
(K-12) Standard A.1	A.1 Self-Knowledge
	Students demonstrate an understanding of their own capabilities, characteristics, attitudes, and how
	these attributes impact their future choices, including local, state, national, and global opportunities.
Grade 5 Performance	Students demonstrate and reflect on personal characteristics, attitudes, and interests that develop life skills
Expectation A.1	and lead to career readiness with a State of Maine focus.
(K-12) Standard A.2	A.2 Life Skills
	Students demonstrate positive interpersonal and life skills and understand how they are important to
	success in relationships, school, work, and community.
Grade 5 Performance	Students demonstrate and reflect on skills that influence interpersonal relationships in positive ways in
Expectation A.2	school and the Maine community.
	a. Use strategies to cope with interpersonal issues.
	b. Use organizational skills and time management strategies.
(K-12) Standard A.3	A.3 Problem-Solving
	Students are engaged community members who identify problems and apply skills to resolve problems
	within local and global communities.
Grade 5 Performance	Students apply skills to analyze and creatively solve problems that impact their schools and local
Expectation A.3	communities.
Strand B	Aspirations
(K-12) Standard B.1	B.1 Exploring Opportunities
	Students understand their options and can navigate choices and experiences concerning interests and
	future opportunities.
Grade 5 Performance	Students use learning strategies and available resources to explore future opportunities.
Expectation B.1	
Strand C	Building Pathways for the Future
(K-12) Standard C.1	C.1 Planning
	Students develop goals and implement career and life goals.
Grade 5 Performance	Students use feedback and experiences to develop, implement, and adjust goals.
Expectation C.1	a. Demonstrate ability to learn from mistakes.
(K-12) Standard C.2	C.2 Career Awareness and Adaptability
	Students integrate personal aptitudes and interests, changing employment trends, community and
	societal needs, and current economic conditions into ongoing career plans, adapting as necessary.
Grade 5 Performance	Students identify and reflect on skills and education requirements of occupations within and across career
Expectation C.2	clusters of interest to them.