

SCARF KIT

Included: 3 lightweight scarves

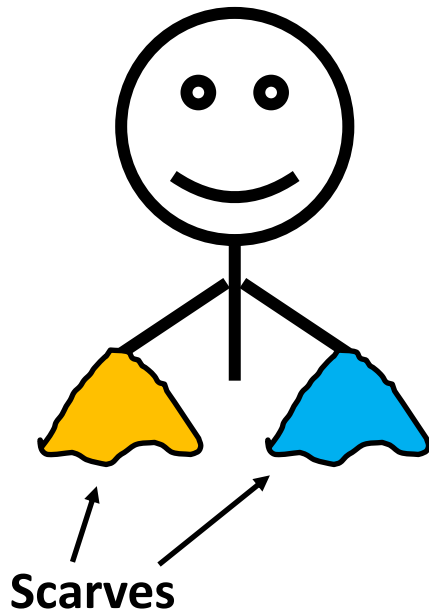


Activities to do with scarves:

1. Play or sing a song and wave them to the beat.
2. Spin them around in a circle.
3. Throw them high into the air and try to catch them before they hit the ground.
4. Wear one on your head and try to walk without it falling off.
5. Learn how to juggle. Start with two scarves and then move on to three. I tried to make instructions on how to do two scarves on the back of this sheet, but I recommend looking at videos by the National Circus Project.

*Please be careful when using with babies. Occasionally threads will come loose from the scarf.

Here is a person from the waist up. Do they have legs? Doesn't matter. They are going to juggle 2 scarves!

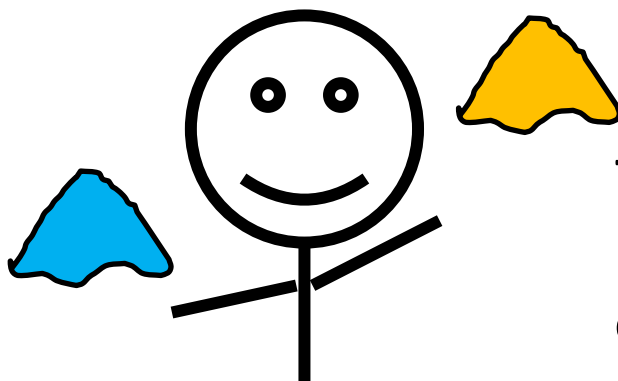


Hold one scarf in each hand with your palms facing down.

You are going to throw in an X shape across your body. So the orange scarf is aiming for the orange target and the blue scarf is aiming for the blue target.



The pattern is throw 1 scarf, then throw the other, then catch the 1st, then catch the 2nd.



Stick person threw the blue scarf first, then the orange scarf. As the blue scarf floats down, they will catch it, and then catch the orange one when it floats down. Then start again!