

STATE OF MAINE  
BOARD OF OSTEOPATHIC LICENSURE

In re: )  
WILLIAM C. MCDUGALL IV, D.O. ) CONSENT AGREEMENT  
Complaint No. CR 2022-28 )

This document is a Consent Agreement, effective when signed by all parties, regarding disciplinary action against the license to practice osteopathic medicine in the State of Maine held by William C. McDougall IV, D.O. The parties to the Consent Agreement are: William C. McDougall IV, D.O. ("Dr. McDougall" or "you"), the State of Maine Board of Osteopathic Licensure ("the Board"), and the State of Maine Department of the Attorney General. This Consent Agreement is entered into pursuant to 10 M.R.S. § 8003(5)(B) and 32 M.R.S. § 2591-A.

STATEMENT OF FACTS

1. Dr. McDougall has held a license to practice osteopathic medicine in the State of Maine since August 9, 2018 (license number DO2837) and practices Osteopathic Manipulative Therapy.
2. On July 14, 2022, the Board initiated a complaint following a report from a fellow practitioner that patients you had in common reported to her that you had told the patients you were "manic," were off of medication, and were psychic. A patient also reported that the OMT she received from you that day was unusually demanding and resulted in a loud "pop" and pain that persisted after the appointment. The Board docketed the complaint as CR2022

28 and sent it to you for a response. The Board also ordered you to get a psychiatric evaluation under 32 M.R.S. § 2593.

3. By letter dated October 5, 2022, you responded to the complaint and admitted to the facts stated above, also stating that you were unaware at the time of any complaint of pain that persisted after the appointment, that this had never happened with any patient previously, and that you were profoundly sorry. In your response, you also stated you were diagnosed with a mental health condition in 2012 and were pursuing treatment. Specifically, you stated you had four episodes of recurrence of symptoms of your condition, after the first time in 2012, in 2015, 2017, 2020, and this current one, 2022. In 2015, you started seeing Dr. Lewis Mehl-Madrona, M.D., for treatment as needed. After this recent episode, you and Dr. Mehl-Madrona created an early-warning system with your family and colleagues, and started regular treatment, monthly for one year, then quarterly for the following year, and offered, pro-actively, to have Dr. Mehl-Madrona confirm these appointments with the Board.

4. You did get the Board-ordered examination, and the resulting Sept. 6, 2022, report from Dr. Carlyle Voss, M.D., confirmed the diagnosis and agreed that your plan with Dr. Mehl-Madrona was a good one to manage your condition for a return to practice.

5. The Board also received a letter from Dr. Mehl-Madrona which confirmed your history, condition, the plan for treatment, and the pro-active plan for reporting to the Board.

6. In your July 25, 2018, initial application for licensure, you answered "no" to the question,

In the last five (5) years, have you

2. Been told by a professional or peer that you have an ongoing medical (including substance abuse) surgical or psychiatric condition that has or could impair your practice of medicine, or been advised to seek treatment for any of these conditions?

7. Pursuant to 32 M.R.S. § 2591-A(2)(F), the Board may impose discipline if the licensee has engaged in unprofessional conduct. A licensee is considered to have engaged in unprofessional conduct if the licensee violates a standard of professional behavior that has been established for the practice of medicine.

8. On October 13, 2022, the Board reviewed Complaint CR2022-28, and voted to offer you this Consent Agreement to resolve this matter without further proceedings. Absent your acceptance of this Consent Agreement by signing and dating it in front of a notary and mailing it to Board of Osteopathic Licensure, 142 State House Station, Augusta, Maine 04333-0137 on or before December 8, 2022, the matter will return to the Board, which will consider whether to proceed to an adjudicatory hearing.

#### COVENANTS

9. You admit the facts stated above and agree that such conduct constitutes the grounds for discipline pursuant to 32 M.R.S. 2591-A(2)(F) for engaging in unprofessional conduct.

10. As discipline for the foregoing conduct, you agree to accept, and the Board imposes:

A PROBATION of at least five (5) years during which the following is required:

a) You will continue with monthly psychiatric counseling with Dr. Mehl-Madrona (or other Board-approved treatment provider<sup>1</sup>) for one year from the effective date of this Consent Agreement, then quarterly sessions thereafter. Dr. Mehl-Madrona (or other Board-approved treatment provider) shall submit reports to the Board of your condition and progress at least bi-annually (starting in April 2023). If you have a relapse of symptomatic behavior, you and/or Dr. Mehl-Madrona (or other Board-approved treatment provider) shall immediately inform the Board and Dr. Mehl-Madrona (or other Board-approved treatment provider) shall submit reports at the frequency as determined by the Board Secretary, in his/her sole discretion, at the time of report of the relapse. If, after 24 months of reports, Dr. Mehl-Madrona (or other Board-approved treatment provider) feels that the frequency of sessions should vary from quarterly, Dr. Mehl-Madrona (or other Board-approved treatment provider) shall request approval of the change in frequency from the Board, which has the sole discretion to grant or deny the request.

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<sup>1</sup> A Board-approved treatment provider must be a psychiatrist or Ph.D. psychologist. Dr. McDougall must submit the name and CV of the person to the Board, and the Board must vote to approve that person.

11. Violation by you of any of the terms or conditions of this Consent Agreement shall constitute grounds for discipline, including but not limited to modification, suspension, or revocation of licensure or the denial of re-licensure.

12. This Consent Agreement is not appealable and is effective until modified or rescinded in writing by the parties hereto.

13. The Board and the Department of the Attorney General may communicate and cooperate regarding you or any other matter relating to this Consent Agreement.

14. This Consent Agreement is a public record within the meaning of 1 M.R.S. § 402 and will be available for inspection and copying by the public pursuant to 1 M.R.S. § 408-A.

15. This Consent Agreement constitutes discipline and is an adverse licensing action that is reportable to the National Practitioner Data Bank (NPDB), the Federation of State Medical Boards (FSMB), and other licensing jurisdictions.

16. Nothing in this Consent Agreement shall be construed to affect any right or interest of any person not a party hereto. If any clause of this Consent Agreement is deemed illegal or invalid, then that clause shall be deemed severed from this Consent Agreement.

17. You acknowledge by your signature hereto that you have read this Consent Agreement, that you have had an opportunity to consult with an attorney before executing this Consent Agreement, that you executed this

Consent Agreement of your own free will and that you agree to abide by all terms and conditions set forth herein.

18. You have been represented by Emily A. Bloch, Esq., who has participated in the negotiation of the terms of this Consent Agreement.

19. For the purposes of this Consent Agreement, the terms "execution" and "effective date" mean the date on which the final signature is affixed to this Consent Agreement.

I, WILLIAM C. MCDUGALL IV, D.O., HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, THAT I WAIVE CERTAIN RIGHTS. I SIGN THIS CONSENT AGREEMENT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND, VERBAL, WRITTEN OR OTHERWISE.

DATED: 12/6/22

William C McDougall IV  
WILLIAM C. MCDUGALL IV, D.O.

State of Maine

Hancock, S.S. (County)

Personally appeared before me the above-named William C. McDougall IV, D.O., and swore to the truth of the foregoing based on his own personal knowledge, or upon information and belief, and so far as upon information and belief, he believes it to be true.

DATED: 12/06/2022

Tiffany Harriman  
NOTARY PUBLIC  
MY COMMISSION ENDS: \_\_\_\_\_

TIFFANY HARRIMAN  
Notary Public, State of Maine  
My Commission Expires Oct 15, 2027

DATED: \_\_\_\_\_

EMILY A. BLOCH, Esq., Counsel for  
William C. McDougall IV, D.O.

DATED: \_\_\_\_\_

MELISSA MICHAUD, P.A.-C, Chair  
MAINE BOARD OF  
OSTEOPATHIC LICENSURE

DATED: \_\_\_\_\_

LISA A. WILSON, AAG  
DEPARTMENT OF THE ATTORNEY  
GENERAL

I, WILLIAM C. MCDUGALL IV, D.O., HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, THAT I WAIVE CERTAIN RIGHTS. I SIGN THIS CONSENT AGREEMENT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND, VERBAL, WRITTEN OR OTHERWISE.

DATED: \_\_\_\_\_

\_\_\_\_\_  
WILLIAM C. MCDUGALL IV, D.O.

State of \_\_\_\_\_

\_\_\_\_\_, S.S. (County)

Personally appeared before me the above-named William C. McDougall IV, D.O., and swore to the truth of the foregoing based on his own personal knowledge, or upon information and belief, and so far as upon information and belief, he believes it to be true.

DATED: \_\_\_\_\_

\_\_\_\_\_  
NOTARY PUBLIC  
MY COMMISSION ENDS: \_\_\_\_\_

DATED: 12/7/22

Emily A. Bloch  
\_\_\_\_\_  
EMILY A. BLOCH, Esq., Counsel for  
William C. McDougall IV, D.O.

DATED: 12/14/22

Melissa Michaud  
\_\_\_\_\_  
MELISSA MICHAUD, P.A.-C, Chair  
MAINE BOARD OF  
OSTEOPATHIC LICENSURE

DATED: 12/16/22

Lisa A. Wilson  
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LISA A. WILSON, AAG  
DEPARTMENT OF THE ATTORNEY  
GENERAL