

CREDIT FOR WELLNESS PROGRAMS WORKSHEET FOR TAX YEAR 2019 36 M.R.S. § 5219-FF

TAXPAYER NAME:			EIN/SSN:	EIN/SSN:	
expenditures, the partners, members, shareholders			rtnerships, LLCs, S corporations, and trusts) making eligible, beneficiaries, or other owners are allowed a credit in proportion name and ID number of the entity on the lines below. Also enter ity for the tax year.		
	NAME OI		EIN/SSN		
1.	Number of	f Employees (on an average monthly basis)			
2.	Line 1 x \$	100.00		2	
3.		enditure made during the taxable year to deve		3	
4.	4. Amount of unused credit on 2018 credit worksheet, line 5, carried forward to 20194.			4	
5.	Line 3 plus	s line 4		5	
6.	Enter the amount from line 2, 5, or \$2,000, whichever is least. Enter here and on Form 1040ME, Schedule A, line 20; Form 1041ME, Schedule A, line 10; or Form 1120ME, Schedule C, line 1m				
7.	Provide a brief description of the qualified wellness program.				
8.	Provide a brief list of expenditures for development, institution, and maintenance of the qualified wellness program.				
		Unused credit amounts on line 3 may be	carried forward for up to five years.		

WORKSHEET INSTRUCTIONS

An employer with 20 or fewer employees (calculated on an average monthly basis) may qualify for the credit for wellness programs. An employer is a taxpayer that employs one or more individuals performing services for the taxpayer within Maine.

The credit is equal to expenditures made during the taxable year to develop, institute and maintain a wellness program. The total credit (including the carryover of unused credit amounts from prior years) is limited to the lesser of \$100 per employee or \$2,000, and may not reduce tax liability to less than zero. Any unused credit amounts on line 3 may be carried forward for up to 5 years.

A wellness program is a program that improves employee health, morale and productivity. This includes, but is not limited to, health education programs, behavioral change programs and incentive awards to employees who engage in regular physical activity. Behavioral change programs include counseling, seminars or classes on nutrition, stress management, or smoking cessation.